



Monday	Tuesday	Wednesday	Thursday	Friday
<p>For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY!</p> <p>Do not leave it sitting out. Please be safe. Each meal served with fat-free or skim milk.</p>		<p>1</p> <p style="text-align: center;"><b>CLOSED</b> <b>HAPPY HOLIDAYS!</b></p>	<p>2</p> <p>Chicken Vesuvio            Mashed potatoes            Cauliflower &amp; red pepper            Wheat bread            Mandarin oranges            Chef's choice veggie</p>	<p>3</p> <p>Citrus Alaskan Pollock            Vegetable rice pilaf            Country blend vegetable            Multi grain dinner roll            Chick pea salad            Fresh melon</p>
<p>6</p> <p>Hot Roast Beef            Mashed Potatoes /Gravy            Peas &amp; Carrots            Wheat Bread            Fresh Orange</p>	<p>7</p> <p>Bbq Riblet            Oven fries            Black beans &amp; Corn            Wheat sandwich bun            Whole apple            Chef's Choice Veggie</p>	<p>8</p> <p>Roast turkey/ cheddar ale sauce            Vegetable rice pilaf            Broccoli            Biscuit            Chef's fruit            Oatmeal raisin cookie</p>	<p>9</p> <p>Western Eggs            Hash browned potatoes            Maple glazed pears            Raisin bread            Cranberry juice            Banana</p>	<p>10</p> <p>Chicken breast parmesan            Penne pasta            Squash medley            Wheat Vienna            Chilled peaches</p>
<p>13</p> <p>Bavarian Bratwurst            Diced Parslied            Carrots            Rye Bread            Fresh Melon</p>	<p>14</p> <p>Chicken chardonnay            Mashed potatoes            Broccoli            Multi Grain Bread            Fresh Orange            Chocolate Pudding</p>	<p>15</p> <p>Texas Chili            Mac &amp; Cheese            Country Blend Veggie            Multi Grain Bread            Fruit Cup</p>	<p>16</p> <p>Veal Marsala            Scalloped Potatoes            Stewed Tomatoes            Multi Grain Bread            Chilled Pears            Beet Salad</p>	<p>17</p> <p>Baked Pollock Piccata            Baked Potato            California Blend            Wheat Bread            Lemon Mandarin Pudding</p>
<p>20</p> <p style="text-align: center;">             Martin Luther King Jr. Day            I HAVE A DREAM         </p>	<p>21</p> <p style="text-align: center;">CLOSED</p>	<p>22</p> <p>Spaghetti &amp; Meatball            Marinara            Broccoli            Wheat Vienna            Chilled Peaches</p>	<p>23</p> <p>Chicken Tenders /country gravy            Bread stuffing            Sweet potato mashed            Bean &amp; Tomato Medley            Apple            Pea Salad</p>	<p>24</p> <p>Surimi Crab Alfredo            Penne Pasta            Zucchini /Red Pepper &amp; Onions            Chef's Veggie            Whole Wheat Roll            Fruit Cup</p>
<p>27</p> <p>Baked Meatloaf w/ Gravy            Cauliflower Mashed Potatoes            Mixed Vegetables            Whole Wheat Roll            Pineapple Tid-Bits</p>	<p>28</p> <p>Bbq Pulled Pork            Oven Fries            Carrot Raisin Salad            Wheat Sandwich Bun            Warm Apple Crumble            Chef's Choice</p>	<p>29</p> <p>Miso Glazed Chicken Thighs            Scalloped Potatoes            Baked Bean Casserole            Wheat Bread            Fruit Jello</p>	<p>30</p> <p>Cheese Omelette            Hash Browned Potatoes            Whole Wheat Biscuit            Apple Juice            Fruit Yogurt            Fresh Orange</p>	<p>31</p> <p>Swedish Meatballs /Gravy            Mashed Potatoes            Broccoli            Multi Grain Bread            Fresh Melon</p>

**Menu subject to change due to availability of items.** Funding part is provided by AgeGuide

Suggested Lunch Donation: \$5.00

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