## DECEMBER 2024

Site Manager ELIZABETH MORALES (708) 843-6229 - RSVP Hours: Monday Through Friday, 8:00am to 2:00pm

**BINGO Mon-Fri** 

10:30AM- 11:30AM

**Lunch 11:30am** 



Community Nutrition Network
3140 Enterprise Park Ave
South Chicago Heights IL 60411
Activity MENU

(708) 843-8229 - KSVP			Lunch 11:50am			Activity ivi	ENU
Monday		Tuesday	Wednesday		Thursday	Friday	
	2	3		4	5		6
BINGO			BINGO			Birthday BINGO	
10:30am-11:30am			10:30am-11:30am			10:30am-11:30am 🔏	.1
	9	10		11	12		13
BINGO		*	BINGO				•
10:30am-11:30am			10:30am-11:30am			Birthday BINGO	Ī
						10:30am-11:30am	
	16	17		18	19	CHRISTMAS LUNCHEON	20
BINGO			BINGO			Birthday BINGO	
10:30am-11:30am			10:30am-11:30am			10:30am-11:30am	
						Presentation @10am	
	23	CLOSED 24	CLOSED	25	26		27
BINGO		**+	95 as 35c 1			Birthday BINGO	
10:30am-11:30am		*** MERRY				10:30am-11:30am	
201004111 221004111		CHRISTMAS!!!					
		CITASTIVIAS	<b>≜人</b> : Æ <u></u> ≝				
	30	CLOSED 31	MERRYCHRISTMAS			If you cannot eat your meal or if you	
BINGO	30	CLOSED			Fat-free or Low-fat milk	are not ready to eat your meal when	
10:30am-11:30am		HAPPY NEW YEARS!!!			with each meal	it is delivered, REFRIGERATE IT	
10.50am-11.50am		HAPPI NEW TEARS!!!			with eath meal		
			Happy			RIGHT AWAY PLEASE DON'T LEAVE	
			New Year			YOUR FOOD SITTING OUT!	

MENU SUBJECT TO CHANGE DUE TO AVAILABILTY OF ITEMS

Donation \$3.00

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S.Civil Rights act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 (voice & TDD) or contact the Director of Personnel at (312)207-5290

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Cafe MENU

(708) 843-6229 - RSVP		Lunch 11:30am		Cate MENU
Monday	Tuesday	Wednesday	Thursday	Friday
2 Bavarian bratwurst	Chicken Chardonnay	Texas Chilli	Veal Marsala	Baked pollock piccata
Diced parslied potatoes	Mashed potatoes	Mac&Cheese		Baked potato
•	•		Scalloped potapoes	
Carrots	Broccoli	Country blend vegetables	Stewed tomatoes	California blend
Rye bread/fresh melon	Multi grain bread /Organge		Beet salad/pears	Lemon mandarin pudding 13
Slow roasted beef	Turkey pot roast /gravy	Spagetti & meatball	Chicken tenders in	Surimi crab alfredo
Mashed potatoes	Baked potato	Broccoli	country gravy	Penne pasta
Brussel sprouts	Peas & carrots	Wheat vienna	Bread stuffing	Zucchini w/red peppers
Chilled pears/cookie	Chefs fruit/banana	Chilled pears	Sweet potato smashed	Chef's choice vegetable
16	17	18	19	CHRISTMAS LUNCHEON 20
Baked meatloaf	BBQ pulled pork	Miso glazed chicken thigh	Cheese omelette	Italian Beef Sandwiches \$5
Cauliflower mashed	Oven fries	Scalloped potatoes	Hashbrown potatoes	Kettle chips
Mixed vegetables	Carrot raisin salad	Baked bean casserole	Whole wheat biscuit	Potato salad
Pineapple tidbits	Chef's choice		Apple juice / yogurt	Fruit salad
23	CLOSED 24	CLOSED 25	26	CHOICE DAY: Hotdog 27
Baked ham/cran raisin sauce	***	* * * * * *	Hot Dog	Classic lasagna w/meatsauce
Baked potato	*** MERRY	ale A	Oven Fries	Broccoli
Mixed vegetables	CHRISTMAS!!!		Bean casserole	Chef's choice vegetable
Dessert		MEDDYCUDISTMAS	Banana/fresh melon	Oatmeal raisin cookie
30	CLOSED 31	PIERRYCHRISTMAS		If you cannot eat your meal or if you
Roast turkey & gravy			Fat-free or Low-fat milk	are not ready to eat your meal when
Baked sweet potatoes	HAPPY NEW YEARS!!!		with each meal	it is delivered, REFRIGERATE IT
Mixed vegetables		Нарру		RIGHT AWAY PLEASE DON'T LEAVE
Bread stuffing		New Year		YOUR FOOD SITTING OUT!
		Tion rour	<u> </u>	Donation ¢2.00

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