

Schaumburg CNN Senior  
Café @ The Barn  
231 S. Civic Drive  
Schaumburg, 60193

Days: *Mondays-Fridays*  
Times: *10:00am-2:00pm*  
Phone: *847-524-7496*




**Community Nutrition Network  
& Senior Services Association**



**January 2025**

CNN Café Manager: Caitlin Wilson  
Senior Services Coordinator: Marina Lvovich

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Lunch Served at Noon</b> <b>Registration Begins</b> <b>Friday December 20th</b></p> <p><b>*Food Orders are Placed</b> <b>Every Monday for the</b> <b>Following Week*</b></p>	<p>For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, <b>REFRIGERATE IT RIGHT AWAY!</b> Do not leave it sitting out. Please be safe. Each meal served with fat free or low fat milk.</p>	<p>1. Barn Closed!</p> 	<p>2. Chicken Vesuvio Mashed Potatoes Cauliflower &amp; Red Peppers Wheat Bread Mandarin Oranges Chef's Choice</p>	<p>3. Citrus Alaskan Pollack Vegetable Rice Pilaf Country Blend Vegetable Multi Grain Dinner Roll Chick Peas Salad Fresh Melon</p>
<p>6. <b><u>Nana's Hot Dog's \$6.00</u></b> Chicken Sandwich Cheddar Broccoli Soup Chips Fruit</p>	<p>7. <b><u>FRESH BAR \$4.50</u></b> BLT Chicken Salad Sandwich Wheat Sandwich Bun Cream of Potato Soup, Tossed Garden Salad, Cottage Cheese, Whole Apple Tri Bean Salad</p>	<p>8. Roast Turkey w/ Cheddar Ale Sauce Vegetable Rice Pilaf Broccoli Biscuit Chef's Fruit Oatmeal Raisin Cookie</p>	<p>9. Western Eggs Hash Browned Potatoes Maple Glazed Pears Raisin Bread Banana Cranberry Juice</p>	<p>10. Chicken Breast Parmesan Penne Pasta w/ Marinara Squash Medley Wheat Vienna Chilled Peaches</p>
<p>13. <b><u>Pilot Pete's \$6.00</u></b> Beef Pot Roast Mashed Potatoes Garden Salad Dessert Fruit</p>	<p>14. <b><u>FRESH BAR \$4.50</u></b> Chicago Style Hot Dog Whole Wheat Hot Dog Bun Tomato Lentil Soup, Tossed Garden Salad, Cottage Cheese, Chocolate Pudding</p>	<p>15. Texas Chili Mac &amp; Cheese Country Blend Vegetables Multi Grain Bread Fruit Cup</p>	<p>16. Veal Marsala Scalloped Potatoes Stewed Tomatoes Multi Grain Bread Chilled Pears Beet Salad</p>	<p>17. <b><u>Brandy's \$6.00</u></b> Gyro Coleslaw Chips Fruit</p>
<p>20. <b>Barn Closed!</b> <b>Martin Luther</b> <b>King Jr Day!</b></p>	<p>21. <b><u>FRESH BAR \$4.50</u></b> Meatball Marinara Sub Wheat Sandwich Bun Bean Soup, Tossed Garden Salad, Cottage Cheese, Chef's Choice, Cheese Tortellini Pasta</p>	<p>22. Spaghetti &amp; Meatball Marinara Broccoli Wheat Vienna Chilled Peaches</p>	<p>23. Chicken Tenders in Country Chicken Gravy Bread Stuffing Mashed Sweet Potatoes Northern Bean &amp; Tomato Medley Pea Salad, Apple</p>	<p>24. <b><u>Alden Poplar Creek \$4.00</u></b> Chicken Egg Drop Soup Thai Coleslaw Beef and Broccoli Stir Fry Rice Sugar Cookie</p>
<p>27. <b><u>Fortune House \$6.00</u></b> Sesame Chicken Fried Rice Egg Roll Fortune Cookie Fruit</p>	<p>28. <b><u>FRESH BAR \$4.50</u></b> Chicken Salad on Wheat Sandwich Bun Split Pea Soup, Tossed Garden Salad, Cottage Cheese, Sliced Peaches Carrot Raisin Salad</p>	<p>29. Miso Glazed Chicken Thigh Scalloped Potatoes Baked Bean Casserole Wheat Bread Fruit Jell-O</p>	<p>30. Cheese Omelette Hash Browned Potatoes Whole Wheat Biscuit Apple Juice Fresh Yogurt Fresh Orange</p>	<p>31. <b><u>Wendy's \$6.00</u></b> Chili Baked Potato Crackers Chocolate Frosty Fruit</p>

Menu subject to change due to availability of items. Funding in part is provided by Age Options. Suggested Donation \$4.00 unless stated.





Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Online Registration</b> for meals and activities can be accessed at <a href="http://www.myactivecenter.com">www.myactivecenter.com</a> Newcomers need to register in person to receive a keytag before online registration can begin. PAYMENTS will continue to be made in-person until further notice. Registration for meals and activities <u>can</u> continue in-person or via phone at 847-524-7496 as prior. Trips and special event registration will continue in person with payment due at sign-up until further notice.</p>		<p>1. <b>Barn Closed for New Years Day</b></p> 	<p>2. 10:30 AM Canvas Painting</p>	<p>3. 10:30 AM Wii Bowling Game</p>	<p><b>Transportation Options</b> Senior Bus: 847.882.1929 Pace Bus: 847.352.8097</p>
<p>6. <b>Restaurant Day Lunch</b> 10 AM Wellness Clinic 11:30 AM Public Safety Presentation</p>	<p>7. <b>Salad Bar Lunch</b> 10:30 AM Bunco</p>	<p>8. 10-10:30 AM Zumba with Josi 10:30 AM Crochet Group</p>	<p>9.  "BINGO BANANZA" \$1 Lunch \$1 Bingo Cards or 6/\$5 Special Banana Treats</p>	<p>10. 11:15 AM Presentation OASIS with sweet treats</p>	<p>11. <b>Social Saturday Catered from Sweet Orange Pancakes and Café</b> <u>Menu:</u> Scrambled Eggs, Hashbrowns, Two Bacon Strips, Sausage Link, and Two Pancakes <u>Activities:</u> Games, Bingo, and Raffles. <b>Sponsored by the Rotary Club of Schaumburg and Hoffman Estates</b> \$5.00 Suggested Donation</p>
<p>13. <b>Restaurant Day Lunch</b> Market day 1:30-3:00 PM (limited supplies)</p> 	<p>14. <b>Salad Bar Lunch</b> 11:30 AM Balloon Volleyball</p>	<p>15. 10:30-11 AM Chair Yoga with Laura</p>	<p>16. 10:30 AM Under the Blanket</p>	<p>17. <b>Restaurant Day Lunch</b> 10:00 AM Tech Corner</p>	
<p>20. <b>Barn Closed for Martin Luther King Jr Day</b></p>	<p>21. <b>Salad Bar Lunch</b> 10:30 AM LRC 1:45 PM Senior Advisory Council Meeting</p>	<p>22. 10-10:30 AM Zumba with Josi 10:30 AM Crochet Group</p>	<p>23. 10 –11AM 5 minute Chair Massage with Jennifer (massage by lottery on day of) 10:30 AM 31 Card Game</p>	<p>24. <b>Alden Poplar Creek Luncheon \$4.00</b></p>	<p><b>Registration for ALL lunches begins on Friday, December 20</b>  In order to participate in any Barn activities you must be signed up for lunch. Visit the Barn Webpage: <a href="http://www.schaumburg.com/thebarn">www.schaumburg.com/thebarn</a>  <b>BINGO</b> will be played everyday after lunch.</p>
<p>27. <b>Restaurant Day Lunch</b> Market Day 1:30-3:00 PM (limited supplies)</p> 	<p>28. <b>Salad Bar Lunch</b> 10:30 AM Pokeno Game</p>	<p>29. 10:30-11 AM Chair Yoga with Laura</p>	<p>30. 10:30 AM Themed Brain Games</p>	<p>31. <b>Restaurant Day Lunch</b> Fun in Flannel Party! Wear you favorite Flannel to enter to win a prize.</p> 	