

December 2024

Community Nutrition Network & Senior Services Association

Lemont Community Café
16300 Alba St
Lemont, IL 60439

Days: Monday thru Friday
 Times: 11:00am-2:00pm
 Phone: 630-257-0515

HDM

Café Manager: Stephanie Gasca

Monday	Tuesday	Wednesday	Thursday	Friday
2 Bavarian Bratwurst Diced Parslied Potatoes Carrots Rye Bread Fresh Melon	3 Chicken Chardonnay Mashed Potatoes Broccoli Multi-Grain Bread Fresh Orange Chocolate Pudding	4 Texas Chili Mac and Cheese Country Blend Vegetables Multi-Grain Bread Fruit Cup	5 Veal Marsala Scalloped Potatoes Stewed Tomatoes Multi-Grain Bread Chilled Pears Beet Salad	6 Baked Pollock Piccata Baked Potato California Blend Wheat Bread Lemon Mandarin Pudding
9 Slow Roasted Beef w/Gravy Mashed Potatoes Brussel Sprouts Multi-Grain Bread Chilled Pears and a Cookie	10 Turkey Pot Roast w/Gravy Baked Potato Peas and Carrots Multi-Grain Bread Banana	11 Spaghetti and Meatballs w/Marinara Sauce Broccoli Wheat Vienna Chilled Peaches	12 Chicken Tenders w/Country Chicken Gravy Bread Stuffing Mashed Sweet Potatoes Bean and Tomato Medley	13 Surimi Crab Alfredo Penne Pasta Zucchini w/Red Pepper and Onion Multi-Grain Dinner Roll Fruit Cup
16 Baked Meatloaf w/Country Gravy Cauliflower Mashed Potatoes Mixed Vegetables Whole Wheat Roll Pineapple Tidbits	17 BBQ Pulled Pork Oven Fries Carrot Raisin Salad Wheat Sandwich Bun Warm Apple Crumble	18 Miso Glazed Chicken Thigh Scalloped Potatoes Baked Bean Casserole Wheat Bread Fruit Jell-O	19 Cheese Omelette Hash Browned Potatoes Whole Wheat Biscuit Apple Juice Fruit Yogurt Fresh Orange	20 Swedish Meatballs w/Gravy Mashed Potatoes Broccoli Multi-Grain Bread Fresh Melon
23 HOLIDAY MENU Baked Ham w/Cran Raisin Sauce Baked Potato Mixed Vegetables Rye Bread Dessert	24 	25 	26 Hot Dog Oven Fries Bean Casserole Wheat Hot Dog Bun Banana and Fresh Melon	27 Classic Lasagna w/Meat Sauce Broccoli Vegetables Wheat Bread Oatmeal Raisin Cookie
30 Roast Turkey w/Gravy Baked Sweet Potatoes Mixed Vegetables Bread Stuffing Chef's Fruit	31 			For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIDGERATE IT RIGHT AWAY! Do not leave it sitting out. Each meal served with milk.

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF ITEMS

Suggested Donation: \$4.00

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