

December 2024






Community Nutrition Network & Senior Services Association

Lemont Community Café
16300 Alba St
Lemont, IL 60439

Days: Mondays-Fridays
 Times: 11:00am-2:00pm
 Phone: 630-257-0515

Café

Café Manager: Stephanie Gasca

Monday	Tuesday	Wednesday	Thursday	Friday
2 Bavarian Bratwurst Diced Parslied Potatoes Carrots Rye Bread Fresh Melon	3 Chicken Chardonnay Mashed Potatoes Broccoli Multi-Grain Bread Fresh Orange Chocolate Pudding	4 DELI BAR Italian Beef Whole Wheat French Roll Minestrone Soup Tossed Garden Salad Cottage Cheese, Peaches Pea Salad	5 Veal Marsala Scalloped Potatoes Stewed Tomatoes Multi-Grain Bread Chilled Pears Beet Salad	6 Baked Pollock Piccata Baked Potato California Blend Wheat Bread Lemon Mandarin Pudding
9 Slow Roasted Beef w/Gravy Mashed Potatoes Brussel Sprouts Multi-Grain Bread Chilled Pears and a Cookie	10 Turkey Pot Roast w/Gravy Baked Potato Peas and Carrots Multi-Grain Bread Banana	11 COLD SANDWICH Corned Beef and Cheese Lettuce and Tomato Garnish Coleslaw Multi-Grain Bread Pineapple Tidbits	12 Chicken Tenders w/Country Chicken Gravy Bread Stuffing Mashed Sweet Potatoes Bean and Tomato Medley	13 Surimi Crab Alfredo Penne Pasta Zucchini w/Red Pepper and Onion Multi-Grain Dinner Roll Fruit Cup
16 Baked Meatloaf w/Country Gravy Cauliflower Mashed Potatoes Mixed Vegetables Whole Wheat Roll Pineapple Tidbits	17 BBQ Pulled Pork Oven Fries Carrot Raisin Salad Wheat Sandwich Bun Warm Apple Crumble	18 DELI BAR Turkey Cheddar Sandwich Whole Wheat Sandwich Bun Cream of Cauliflower Soup Tossed Garden Salad Cottage Cheese, Fruit Jell-O Potato Salad	19 Cheese Omelette Hash Browned Potatoes Whole Wheat Biscuit Apple Juice Fruit Yogurt Fresh Orange	20 Swedish Meatballs w/Gravy Mashed Potatoes Broccoli Multi-Grain Bread Fresh Melon
23 HOLIDAY MENU Baked Ham w/Cran Raisin Sauce Baked Potato Mixed Vegetables Rye Bread Dessert	24 	25 	26 Hot Dog Oven Fries Bean Casserole Wheat Hot Dog Bun Banana and Fresh Melon	27 Classic Lasagna w/Meat Sauce Broccoli Vegetables Wheat Bread Oatmeal Raisin Cookie
30 Roast Turkey w/Gravy Baked Sweet Potatoes Mixed Vegetables Bread Stuffing Chef's Fruit	31 			For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIDGERATE IT RIGHT AWAY! Do not leave it sitting out. Each meal served with milk.

MENU SUBJECT TO CHANGE DUE TO AVAILIBLY OF ITEMS

Suggested Donation: \$3.50

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S.Civil Rights act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 (voice & TDD) or contact the Director of Personnel at (312)207-5290

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Activities

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Monday	Tuesday	Wednesday	Thursday	Friday
2 BINGO @ 12:15 	3	4 DELI BAR! \$3.50 	5 Arts and Crafts Day! 	6
9 BINGO @ 12:15 	10 Movie Day! starts @ 11:30am Popcorn served with lunch Movie: ELF	11 No Deli Bar Christmas Party at Crystal Grand Hosted By: Lemont Township	12	13 Puzzle Day! Enjoy a crossword, word search, or sudoku puzzle with your lunch!
16 BINGO @ 12:15 	17 SALT MEETING! 9:30am Come out and see what SALT is all about!	18 DELI BAR! \$3.50 	19	20
23 BINGO @ 12:15 	24 	25 	26	27 Puzzle Day! Enjoy a crossword, word search, or sudoku puzzle with your lunch!
30 BINGO @ 12:15 	31 			

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