CNN Saratoga Towers Meal Program 1700 Newton Place Morris, IL 60450 Phone: (815)941-1590

Community Nutrition Network & Senior Services Association

Age Guide and United Way of

Age Guide and United Way of **Grundy County**

If you have any questions or problems please call our office at 1-815-941-1590.

December 2024

Patty Strahan Nutrition Director

Nutrition Sites. K. Leicht, RD LDN MBA

Phone: (815)941-1590				please call our office at 1-815-941-1590.
Monday	Tuesday	Wednesday	Thursday	Friday
2. BAVARIAN STYLE BRATWURST DICED PARSLIED POTATOES CARROTS RYE BREAD FRESH MELON Milk or juice	3. CHICKEN CHARDONNAY MASHED POTATOES BROCCOLI MULTI GRAIN BREAD FRESH ORANGE CHOCOLATE PUDDING Milk or juice	4. Beef Stroganoff on Buttered Noodles, Tossed Salad, Mixed Vegetables, Rolls & Butter, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$8.00	5. VEAL MARSALA SCALLOPED POTATOES STEWED TOMATOES MULTI GRAIN BREAD CHILLED PEARS Milk or juice	6. Hot Dog in Bun, Mac & Cheese, Mixed Vegetables, Tossed Salad, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Suggested Donation \$5.00
9. SLOW ROASTED BEEF/GRAVY MASHED POTATOES BRUSSELS SPROUTS MULTI GRAIN BREAD CHILLED PEARS COOKIE Milk or juice	10. TURKEY POT ROAST/GRAVY BAKED POTATO PEAS & CARROTS MULTI GRAIN BREAD CHEF'S FRUIT Milk or juice	11. Christmas Dinner Party Ham w/Honey Mustard Glaze Scalloped Potatoes, Peas & Carrots, Cornbread, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$8.00	12. CHICKEN TENDERS IN COUNTRY CHICK- EN GRAVY, BREAD STUFFING, SWEET POTATO MASHED NORTHERN BEAN & TOMATO MEDLEY APPLE Milk or juice	13. Closed for our Staff Retreat
16.BAKED MEATLOAF W/ COUNTRY GRAVY CAULIFLOWER MASHED POTATOES MIXED VEGETABLES WHOLE WHEAT ROLL PINEAPPLE TID BITS Milk or juice	17. BBQ PULLED PORK CARROT RAISIN SALAD WHEAT SANDWICH BUN WARM APPLE CRUMBLE Milk or Juice	13. Meatloaf, Mashed Potatoes w/gravy, Broccoli, Tossed Salad, Rolls & Butter, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$8.00	19. CHEESE OMELETTE HASH BROWNED POTATOES WHOLE WHEAT BISCUIT APPLE JUICE, FRUIT YOGURT FRESH ORANGE Milk or juice	15. French Onion Meatballs W/ Gravy, Buttered Noodles, Peas & Carrots, Tossed Salad, Rolls & Butter, Fruit, Milk, Dessert Lunch 11:00 Bingo to Follow Suggested Donation \$5.00
23. BAKED HAM,CRAN RAISIN SAUCE ROASTED DICED POTATOES MIXED VEGETABLES RYE BREAD PIE Milk or Juice	24. Office Closed Merry Christmas! Happy Hanukkah	Office Closed Happy Holidays! Happy Holidays	26. HOT DOG OVEN FRIES BEAN CASSEROLE WHEAT HOT DOG BUN BANANA Milk or juice	22.Monthly Birthday Party Sausage & Peppers, Spaghetti & Marinara Mixed Vegetables, Tossed Salad, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Suggested Donation \$5.00
30. ROAST TURKEY & GRAVY BAKED SWEET POTATOES MIXED VEGETABLES BREAD STUFFING CHEF'S FRUIT Milk or juice	31. Office Closed Happy New Year!	Office Closed Happy New Year!	Happy New Year!	

This menu is approved for use by Georgis title IIIC

Menu subject to change due to availability of items. For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal when it is delivered: RE-FRIGERATE IT RIGHT AWAY!! Do not leave it sitting out!!! Remove meal from the freezer and follow the cooking instructions provided. If it has been refrigerated, it will not take as long. This menu is subject to change.

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Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of the employment in the programs or activities in the compliance with the Illinois Human Rights Act: the U.S. Civil Rights Act: Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department of Aging. For information, call 1-800-252-8966 [voice & TDD] or contact the Director of Personnel at [312] 207-5444.

All meals are \$4.75 unless otherwise marked.