

DECEMBER 2024

Hours: Monday Through Friday, 8:00am to 2:00pm



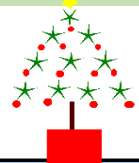

Site Manager
ELIZABETH MORALES
(708) 843-6229 - RSVP



BINGO Mon-Fri
10:30AM- 11:30AM
Lunch 11:30am



Community Nutrition Network
3140 Enterprise Park Ave
South Chicago Heights IL 60411
Homebound MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2 Bavarian bratwurst Diced parslid potatoes Carrots Rye bread/fresh melon	3 Chicken Chardonnay Mashed potatoes Broccoli Multi grain bread /Organge	4 Texas Chilli Mac&Cheese Country blend vegetables Fruit cup/Multi grain bread	5 Veal Marsala Scalloped potapoes Stewed tomatoes Beet salad/pears	6 Baked pollock piccata Baked potato California blend Lemon mandarin pudding 
9 Slow roasted beef Mashed potatoes Brussel sprouts Chilled pears/cookie	10 Turkey pot roast /gravy Baked potato Peas & carrots Chefs fruit/banana 	11 Spagetti & meatball Broccoli Wheat vienna Chilled pears	12 Chicken tenders in country gravy Bread stuffing Sweet potato smashed	13 Surimi crab alfredo Penne pasta Zucchini w/red peppers Chef's choice vegetable 
16 Baked meatloaf Cauliflower mashed Mixed vegetables Pineapple tidbits	17 BBQ pulled pork Oven fries Carrot raisin salad Chef's choice	18 Miso glazed chicken thigh Scalloped potatoes Baked bean casserole Fruit jello	19 Cheese omelette Hashbrown potatoes Whole wheat biscuit Apple juice / yogurt	20 Swedish meatballs/gravy Mashed potatoes Broccoli Multi grain bread
23 Baked ham/cran raisin sauce Baked potato Mixed vegetables Dessert	24 CLOSED  MERRY CHRISTMAS!!!	25 CLOSED  MERRY CHRISTMAS	26 Hot Dog Oven Fries Bean casserole Banana/fresh melon	27 Classic lasagna w/meatsauce Broccoli Chef's choice vegetable Oatmeal raisin cookie
30 Roast turkey & gravy Baked sweet potatoes Mixed vegetables Bread stuffing	31 CLOSED HAPPY NEW YEARS!!! 		Fat-free or Low-fat milk with each meal	If you cannot eat your meal or if you are not ready to eat your meal when it is delivered, REFRIGERATE IT RIGHT AWAY PLEASE DON'T LEAVE YOUR FOOD SITTING OUT!

MENU SUBJECT TO CHANGE DUE TO AVAILIBTY OF ITEMS

Donation \$3.00

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