



JANUARY 2025

Monday	Tuesday	Wednesday	Thursday	Friday
For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY! Do not leave your food sitting out. Please be safe. Each meal served with low fat milk.	Suggested Donation \$3.50 Deli Bar \$4.00 Restaurant Day \$5.00		2. DELI BAR Tuna Salad Sandwich Wheat French Roll Cream of Broccoli Soup Tossed Garden Salad Cottage Cheese Mandarin Oranges	3. Citrus Alaskan Pollock Vegetable Rice Pilaf Country Blend Vegetables Multi Grain Dinner Roll Chick Pea Salad Fresh Melon
6. Hot Roast Beef Mashed Potatoes/ Gravy Peas & Carrots Wheat Bread Fresh Orange	7. BBQ Riblet Oven Fries Black Beans & Corn Wheat Bun Whole Apple Chef's Choice	8. Roast Turkey W/ Cheddar Ale Sauce Vegetable Rice Pilaf Broccoli Biscuit Chef's Fruit Oatmeal Raisin Cookie	9. DELI BAR Turkey Trio & Provolone Wheat French Roll Split Pea Soup Tossed Garden Salad Cottage Cheese, Banana	10. Chicken Breast Parmesan Penne Pasta/Marinara Squash Medley Wheat Vienna Chilled Peaches
13. Bavarian Bratwurst Diced Parslied Potatoes Carrots Rye Bread Fresh Melon	14. DELI BAR Chicago Style Hotdog Wheat Bun Tomato Lentil Soup Tossed Garden Salad Cottage Cheese, Chocolate Pudding	15. Texas Chili Mac & Cheese Country Blend Vegetables Multi Grain Bread Fruit Cup	16. DELI BAR Stuffed Cabbage Roll Whole Wheat Roll Minnesota Wild Rice Soup Tossed Garden Salad Cottage Cheese, Chilled Pears	17. Baked Pollack Piccata Baked Potato California Blend Wheat Bread Lemon Mandarin Pudding
20. CLOSED 	21. Turkey Pot Roast /Gravy Baked Potato Peas & Carrots Multi Grain Bread Chef's Fruit Banana	22. Sandwich/Salad Corned Beef & Cheese Lettuce & Tomato Garnish Cole Slaw Multi Grain Bread Pineapple Tidbits	23. <i>Lunch with The Pearl of Hillside</i> Monthly Birthday Party	24. Sandwich/Salad BLT Chicken Salad Sandwich Lettuce & Tomato Garnish Potato Salad Multi Grain Bread
27. Baked Meatloaf W/ Country Gravy, Wheat Roll Cauliflower Mashed Potatoes Mixed Vegetables Pineapple Tid Bits	28. BBQ Pulled Pork Oven Fries Carrot Raisin Salad Wheat Sandwich Bun Warm Apple Crumble	29. Sandwich/Salad Shaved Turkey & Cheese Lettuce & Tomato Garnish Potato Salad Marble Rye Bread Chef's Choice Fruit	30. DELI BAR Bacon & Spinach Quiche Whole Wheat Roll Vegetable Gumbo Soup Tossed Garden Salad Cottage Cheese, Fruit Yogurt	31. Swedish Meatballs /Gravy Mashed Potatoes Broccoli Multi Grain Bread Fresh Melon

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF ITEMS Funds in whole or in part for this publication were provided through an award from Age Option under title 111 of the older Americans Act as administered through the Illinois Department on Aging and federal administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination Act the age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have discriminated against, you have the right to file a complaint. For information dial 1-800- 252-8965 (Voice and TD) _Funding in part is provided by Age Options.