




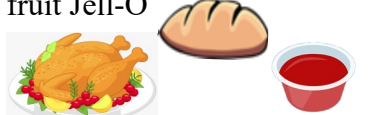


















Monday	Tuesday	Wednesday	Thursday	Friday
<p>For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, <b>REFRIGERATE IT RIGHT AWAY!</b> Do not leave it sitting out. Please be safe</p>	<p>Fat free or low fat milk with each meal</p> <p><b>Suggested Donation \$3.00</b></p>			<p>1. Surimi Crab Alfredo w/ penne pasta, zucchini w/red peppers &amp; onions, chef choice veggie, whole wheat roll w/butter and a fruit cup</p> 
<p>4. Baked meatloaf w/ country gravy, mashed cauliflower, mixed vegetables, whole wheat roll &amp; pineapple tidbits</p> 	<p>5. BBQ pulled pork, oven fries, carrot raisin salad, wheat sandwich bun, warm apple crumble, chef's choice</p> 	<p>6. Miso glazed chicken thigh, scalloped potatoes, baked bean casserole, wheat bread, fruit Jell-O</p> 	<p>7. <b>**BREAKFAST**</b> Cheese omelet, hash browned potatoes, whole wheat biscuit, apple juice, fruit yogurt, fresh orange</p> 	<p>8. Swedish meatballs &amp; gravy, mashed potatoes, broccoli, multi grain bread, fresh melon</p> 
<p>11. <b>CLOSED</b></p> 	<p>12. Cheddar broccoli chicken rice casserole, cauliflower, whole wheat roll, warm pear and cranberry crumble, pea salad</p> 	<p>13. Salisbury steak &amp; gravy, mashed potatoes, corn, multi grain dinner roll, pineapple tidbits</p> 	<p>14. Hotdog, oven fries, bean casserole, wheat dog bun, banana, fresh melon</p> 	<p>15. Classic lasagna w/ meat sauce, broccoli, chef's choice vegetable, wheat bread, oatmeal raisin cookie</p> 
<p>18. Roast turkey &amp; gravy, baked sweet potatoes, mixed vegetables, bread stuffing, chef's fruit</p> 	<p>19. Spaghetti &amp; meatball marinara, mixed salad greens, multi grain bread, warm peach cobbler, fruit cup</p> 	<p>20. Hamburger, German potato salad, green beans, wheat sandwich bun, apple sauce</p> 	<p>21. Chicken Vesuvio, mashed potatoes, cauliflower &amp; red pepper, wheat bread, mandarin oranges</p> 	<p>22. Citrus Alaskan Pollock, rice pilaf, country blend vegetable, multi grain dinner roll, chick pea salad, fresh melon</p> 
<p>25. Roast Turkey &amp; gravy, baked sweet potatoes, green bean casserole, bread stuffing, dessert</p> 	<p>26. BBQ riblet, oven fries, black beans &amp; corn, wheat sandwich bun, whole apple</p> 	<p>27. Hot roast beef, mashed potatoes &amp; gravy, peas &amp; carrots, wheat bread, whole orange</p> 	<p>28. <b>CLOSED</b></p> 	<p>29. <b>CLOSED</b></p>

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**Menu subject to change due to availability of items.** Funding in part is provided by Age Options.