Hometown Community Cafe 8925 S. Kostner Hometown, IL 60456

Days: Mondays-Fridays Times: 10:00am-2:00pm Phone: 708-422-5180

Community Nutrition Network & Senior Services Association

October 2024

CNN Café Manager: Angie Gasca

Monday	Tuesday	Wednesday	Thursday	Friday
For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY! Do not leave it sitting out. Please be safe. Each meal served with fat free or skim milk	1. Cheddar Broccoli Chicken Rice Casserole Cauliflower Whole Wheat Roll Warm Pear & Cranberry Crumble, Pea Salad	 Salisbury Steak w/Gravy Mashed Potatoes Corn Multigrain Dinner Roll Pineapple Tidbits 	3. Hot Dog Oven Fries Bean Casserole Wheat Hot Dog Bun Banana Fresh Melon	4. Classic Lasagna W/Meat Sauce Broccoli Chef's Choice Vegetable Wheat Bread Oatmeal Raisin Cookie
7. Roast Turkey & Gravy Baked Sweet Potatoes Mixed Vegetables Bread Stuffing Chef's Fruit	8. Spaghetti & Meatball Mari- nara Mixed Salad Greens Multigrain Bread Warm Peach Cobbler Fruit Cup	9. Hamburger German Potato Salad Green Beans Wheat Sandwich Bun Applesauce	10. Chicken Vesuvio Mashed Potatoes Cauliflower & Red Peppers Wheat Bread Mandarin Oranges	11. Citrus Alaskan Pollock Vegetable Rice Pilaf Country Blend Vegetables Multigrain Dinner Roll Chickpea Salad Fresh Melon
14. Hot Roast Beef Mashed Potatoes & Gravy Peas & Carrots Wheat Bread Fresh Orange	15. BBQ Riblet Oven Fries Black Beans & Corn Wheat Sandwich Bun Whole Apple	16. Roast Turkey w/Cheddar Ale Sauce Vegetable Rice Pilaf Broccoli Biscuit, Chef's Fruit Oatmeal Raisin Cookie	17. Western Eggs Hash Browned Potatoes Maple Glazed Pears Raisin Bread Cranberry Juice Banana	 18. Chicken Breast Parmesan Penne Pasta w/Marinara Squash Medley Wheat Vienna Bread Chilled Peaches
21. Bavarian Bratwurst Diced Parslied Potatoes Carrots Rye Bread Fresh Melon	22. Chicken Chardonnay Mashed Potatoes Broccoli Multigrain Bread Chocolate Pudding Fresh Orange	23. Texas Chili Mac & Cheese Country Blend Vegetables Multigrain Bread Fruit Cup	24. Veal Marsala Scalloped Potatoes Stewed Tomatoes Multigrain Bread Chilled Pears Beet Salad	25. Baked Pollock Piccata Baked Potato California Blend Vegeta- bles Wheat Bread Lemon Mandarin Pudding
28. Slow Roasted Beef w/Gravy Mashed Potatoes Brussels Sprouts Multigrain Bread Chilled Pears, Cookie	29. Turkey Pot Roast w/Gravy Baked Potato Peas & Carrots Multigrain Bread Chef's Fruit Banana	30. Spaghetti & Meatball Marinara Broccoli Wheat Vienna Bread Chilled Peaches	31. Chicken Tenders in Coun- try Chicken Gravy Bread Stuffing Mashed Sweet Potatoes Northern Bean & Tomato Medley, Apple Pea Salad	Donation \$3.75 per meal

Funds, in whole or in part, for this publication, were provided through Age Options, and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans Act as admin-istration on Aging, Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against you have the right to file a complaint. For information, 1-800-252-8966 (voice & TDD) or contact the