

Lockport Township Community Café

1463 S. Farrell Rd

Lockport, IL 60441

CNN Café Manager: Vicki Gelfo



October 2024

Community Nutrition Network
& Senior Services Association



Days: Monday-Friday

Times: 11:15 AM-12:15 PM

Phone: (815) 351-8963

Monday	Tuesday	Wednesday	Thursday	Friday
<p>For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY!</p> <p>Do not leave it sitting out. Please be safe. Each meal served with fat-free or skim milk.</p>	<p>1 Cheddar broccoli chicken rice casserole Cauliflower Wheat roll Warm pear and cranberry crumble Pea salad</p>	<p>2 Salisbury steak/gravy Mashed potatoes Corn Dinner roll Pineapple Tidbits</p>	<p>3 Hot Dog Over Fries Bean Casserole Wheat hotdog bun Banana Fresh melon</p>	<p>4 Classic lasagna w/meat sauce Broccoli Chef's Vegetable Wheat bread Oatmeal raisin cookie</p>
<p>7 Roast turkey & gravy Baked sweet potatoes Mixed Vegetables Bread stuffing Chef's Fruit</p>	<p>8 Spaghetti & meatball marinara Mixed salad greens Multi grain bread Warm peach cobbler Fruit cup</p>	<p>9 Hamburger German potato salad Green beans Wheat sandwich bun Apple sauce</p>	<p>10 Chicken Vesuvio Mashed potatoes Cauliflower & red pepper Wheat bread Mandarin oranges Chef's choice veggie</p>	<p>11 Citrus Alaskan Pollock Vegetable rice pilaf Country blend vegetable Multi grain dinner roll Chick pea salad</p>
<p>14 CLOSED INDIGENOUS PEOPLES' DAY</p>	<p>15 Bbq Riblet Oven fries Black beans & Corn Wheat sandwich bun Whole apple Chef's Choice Veggie</p>	<p>16 Roast turkey/ cheddar ale sauce Vegetable rice pilaf Broccoli Biscuit Chef's fruit Oatmeal raisin cookie</p>	<p>17 Western Eggs Hash browned potatoes Maple glazed pears Raisin bread Cranberry juice Banana</p>	<p>18 Chicken breast parmesan Penne pasta Squash medley Wheat Vienna Chilled peaches</p>
<p>21 Bavarian Bratwurst Diced Parslied Carrots Rye Bread Fresh Melon</p>	<p>22 Chicken chardonnay Mashed potatoes Broccoli Multi Grain Bread Fresh Orange Chocolate Pudding</p>	<p>23 Texas Chili Mac & Cheese Country Blend Veggie Multi Grain Bread Fruit Cup</p>	<p>24 Veal Marsala Scalloped Potatoes Stewed Tomatoes Multi Grain Bread Chilled Pears Beet Salad</p>	<p>25 Baked Pollock Piccata Baked Potato California Blend Wheat Bread Lemon Mandarin Pudding</p>
<p>28 Slowed Roasted Beef/ Gravy Mashed Potatoes Brussel Sprouts Bread Chilled Pears Cookie</p>	<p>29 CLOSED</p>	<p>30 Spaghetti & Meatball Marinara Broccoli Wheat Vienna Chilled Peaches</p>	<p>31 Chicken Tenders /country gravy Bread stuffing Sweet potato mashed Bean & Tomato Medley Apple Pea Salad</p>	

Menu subject to change due to availability of items. Funding in in part is provided by AgeGuide

Suggested Lunch Donation: \$4.00

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