





Monday	Tuesday	Wednesday	Thursday	Friday
<p>For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY! Do not leave it sitting out. Please be safe. Each meal served with fat free or low fat milk.</p>	<p>**Food Orders are Placed Every Monday for the Following Week**</p>	<p>Lunch Served at Noon</p> <p>Registration Begins Monday, October 21st</p>	<p>If you need to cancel, please let us know at least 24 hours in advance.</p>	<p>1. <u>Rosati's \$5.00</u> Italian Beef Sweet Peppers Side Salad Fruit</p>
<p>4. <u>Wendy's \$5.00</u> Chili Baked Potato Crackers Fruit</p>	<p>5. <u>FRESH BAR</u> Chicken Salad on Wheat Sandwich Bun Split Pea Soup, Tossed Garden Salad, Cottage Cheese, Sliced Peaches Carrot Raisin Salad</p>	<p>6. Miso Glazed Chicken Thigh Scalloped Potatoes Baked Bean Casserole Wheat Bread Fruit Jell-O</p>	<p>7. Cheese Omelette Hash Browned Potatoes Whole Wheat Biscuit Apple Juice Fresh Yogurt Fresh Orange</p>	<p>8. <u>Fortune House \$2.00</u> Beef and Broccoli Lo Mein Egg Roll Fortune Cookie Fruit</p>
<p>11. Barn Closed!</p> 	<p>12. <u>FRESH BAR</u> Cheeseburger Wheat Hamburger Bun Tomato Soup, Tossed Garden Salad, Cottage Cheese, Sliced Pears, Pea Salad</p>	<p>13. Salisbury Steak Mashed Potatoes Corn Multi Grain Dinner Roll Pineapple Tidbits</p>	<p>14. Hot Dog Oven Fries Bean Casserole Wheat Hot Dog Bun Banana Fresh Melon</p>	<p>15. <u>Nana's Hot Dog's \$5.00</u> Meatball Marinara Sub Sweet Peppers Salad Fruit</p>
<p>18. Roast Turkey & Gravy Baked Sweet Potatoes Mixed Vegetables Bread Stuffing Chef's Fruit</p>	<p>19. <u>FRESH BAR</u> Stuffed Green Pepper Multi Grain Dinner Roll Lumberjack Soup, Tossed Garden Salad, Cottage Cheese, Fruit Cup, Cookie</p>	<p>20. Hamburger German Potato Salad Green Beans Wheat Sandwich Bun Applesauce</p>	<p>21. Chicken Vesuvio Mashed Potatoes Cauliflower & Red Peppers Wheat Bread Mandarin Oranges Chef's Choice</p>	<p>22. <u>Alden Poplar Creek \$4.00</u> Cream of Celery Soup Roast Turkey with Cranberry Stuffing Sweet Potatoes Green Bean Casserole Apple Pie</p>
<p>25. <u>Sweet Orange \$5.00</u> S.O. Burger Prime Beef, White Sharp Cheddar Cheese, Lettuce and Tomato on Sesame Bun Salad Fruit</p>	<p>26. <u>FRESH BAR</u> BLT Chicken Salad Sandwich Wheat Sandwich Bun Cream of Potato Soup, Tossed Garden Salad, Cottage Cheese, Whole Apple, Tri Bean Salad</p>	<p>27. Hot Roast Beef Mashed Potatoes Peas & Carrots Wheat Bread Fresh Orange</p>	<p>28. Barn Closed!</p> 	<p>29. Barn Closed!</p>

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Our NEW online registration system for meals and activities will be available starting on Monday, Oct. 21st. Online registrations will receive an email confirmation once approved by staff. Online PAYMENTS will NOT yet be live on Oct. 21 and payments will be made in-person until further notice. Registration for meals and activities <u>can</u> continue in-person or via phone at 847-524-7496 as prior. Trips and special event registration will continue in person with payment due at sign-up until further notice.</p> <p style="text-align: center;">Online Registration can be accessed at www.myactivecenter.com</p>				<p>1. Registration for ALL lunches begins on Monday, October 21 In order to participate in any Barn activities you must be signed up for lunch. Visit the Barn Webpage: www.schaumburg.com/thebarn BINGO will be played everyday after lunch.</p>	
<p>4. Restaurant Day Lunch Market Day 1:30-3:00 PM <i>(limited supplies)</i></p> 	<p>5. Salad Bar Lunch 10 AM Pokeno Tournament</p>	<p>6. 10:30-11 AM Chair Yoga with Laura 11 AM Cooking Demos by The Indigo at Bartlett</p>	<p>7. 11 AM Barn Trip "Poplar Creek Bowling and Lunch" Cost: \$30 Transportation is on your own</p>	<p>8. Restaurant Day Lunch 11:30 AM Veteran's Celebration— \$2 lunch special sponsored by HomeInstead and presentation on services</p>	
<p>11. Barn Closed for Veteran's Day</p>	<p>12. Salad Bar Lunch 10:30 AM Canvas Painting</p>	<p>13. 10-10:30 AM Zumba with Josi 10:30 AM Crochet Group</p>	<p>14. "BINGO BANANZA" \$1 Lunch \$1 Bingo Cards or 6/\$5 Special Banana Treats</p>	<p>15. 10:00 AM Tech Corner 10:30 AM 31 Card Game 11:30 AM Public Safety Presentation 5 PM Barn Trip Chandler's and 'Murder Mystery' at Prairie Arts Center " Cost: \$55 Transportation is on your own</p>	<p>16. Social Saturday Catered from KFC Menu: Chicken Pot Pie, Coleslaw, and dessert Activities: Games, Bingo, and Raffles.</p>
<p>18. Fall Fest Celebration with special luncheon Pumpkin Pie Slice sponsored by Gentiva Hospice 11:15AM Thanksgiving Themed Price is Right Game with prizes</p>	<p>19. Salad Bar Lunch 10:30 AM Bunco Game 1:45 PM Senior Advisory Council Meeting</p>	<p>20. 10:30-11 AM Chair Yoga with Laura</p>	<p>21. 10 –11AM 5– minute Chair Massage with Jennifer (massage by lottery on day of) 10:30 AM Balloon Volleyball</p>	<p>22. Alden Poplar Creek Luncheon \$4.00</p>	<p>Sponsored by the Rotary Club of Schaumburg and Hoffman Estates \$5.00 Suggested Donation</p>
<p>25. Restaurant Day Lunch Market day 1:30-3:00 PM <i>(limited supplies)</i></p> 	<p>26. Salad Bar Lunch 10:30 AM Pokeno Game</p>	<p>27. 10:30 AM Themed Brain Games</p>	<p>28. Barn Closed for Thanksgiving</p>	<p>29. Barn Closed for Thanksgiving</p>	<p>Transportation Options Senior Bus: 847.882.1929 Pace Bus: 847.352.8097</p>

Funds in whole or in part for this publication were provided through an award from Age Options under Title III of the Older American Act as administered through the Illinois Department on Aging and the Federal Administration on Aging Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Humans Right Act, The U.S. Civil Rights Act, Section 504 of the Rehabilitation Act, The Age Discrimination in Employment Act, and The U. S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8965 [Voice and TDD] or contact Williams Burns, Director of Personnel at 312-207-5290. We serve nutritious lunches to Schaumburg Township seniors and disabled friends for a voluntary donation. Monday's and Friday's there is a suggested \$5 donation and Tuesday—Thursday \$3.25.