

Community Nutrition Network & Senior Services Association






PHOENIX CAFÉ

Café Hours: 10:00am to 12:00pm

650 E Phoenix Center Drive
Phoenix, IL 60426



Café Manager: Elizabeth Davalos
(708) 331-2408
Monday Through Friday
8:00am to 2:00pm

Monday	Tuesday	Wednesday	Thursday	Friday
<p>FOR YOUR SAFTY If you cannot eat your meal or if you are not ready to eat your meal when it is delivered, REFRIGERATE IT RIGHT AWAY Do not leave sitting out Each meal is served with fat OR Low Fat Milk </p>		 <p>Hello November Wishing you all peace, love and happiness for this new month.</p>		<p>1 Surimi Crab Alfredo, Penne Pasta, Zucchini W/Red Peppers & Onion, Multi-Grain Dinner Roll, Fruit Cup</p>
<p>4 Baked Meatloaf W/Country Gravy, Cauliflower Mashed Potatoes, Mixed Vegetables, Whole Wheat Roll, Pineapple Tid Bites</p>		<p>6 Miso Glazed Chicken Thigh, Scalloped Potatoes, Baked Bean Casserole, Wheat Bread, Fruit Jello</p>	<p>7 Bacon & Spinach Quiche, Whole Wheat Roll, Vegetable Gumbo soup, Tossed Garden Salad, Cottage Cheese Fruit Yogurt SALAD BAR</p>	<p>8 Swedish Meatballs/Gravy, Mashed Potatoes, Broccoli, Multi Grain Bread, Fresh Melon</p>
	<p>12 Cheese Burger, Bun, Tomato Soup, Tossed Garden Salad, Cottage Cheese, Sliced Pears SALAD BAR</p>	<p>13 Salisbury Steak/Gravy, Mashed Potatoes, Corn, Dinner Roll, Pineapple Tidbits</p>	<p>14 Chicago Style Hot Dog, Bun, Vegetable Lentil Soup, Tossed Garden Salad, Cottage Cheese, Fruit Yogurt SALAD BAR</p>	<p>15 Classic Lasagna W/Meat Sauce, Broccoli Wheat Bread, Oatmeal Raisin Cookie</p>
<p>18 Roast Turkey & Gravy, Baked Sweet Potatoes, Mixed Vegetables, Bread Stuffing, Chef's Fruit</p>	<p>19 Stuffed Green Pepper, Multi Grain Dinner Roll, Lumberjack Soup, Tossed Garden Salad, Cottage Cheese, Fruit Cup SALAD BAR</p>	<p>20 Hamburger, German Potato Salad, Green Beans, Wheat Sandwich Bun, Apple Sauce</p>	<p>21 Tuna Salad Sandwich, Whole Wheat French Roll, Cream Of Broccoli Soup, Tossed Garden Salad, Cottage Cheese, Mandarin Oranges SALAD BAR</p>	<p>22 Citrus Alaskan Pollock, Vegetable Rice Pilaf, Country Blend Vegetables, Dinner Roll, Chick Pea Salad, Melon</p>
<p>25 Roast Turkey & Gravy, Baked Sweet Potatoes, Green Bean Casserole, Bread Stuffing, Dessert</p>	<p>26 BLT Chicken Salad Sandwich, Bun, Cream Of Potato Soup, Tossed Garden Salad, Cottage Cheese, Whole Apple SALAD BAR</p>	<p>27 Hot Roast Beef, Mashed Potatoes/Gravy, Peas & Carrots, Wheat Bread, Orange</p>	 <p>CLOSED THURSDAY & FRIDAY HAPPY THANKSGIVING Have a Wonderful Holiday!</p>	

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF ITEMS

Donation \$3.00

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