

















These menus are approved for use by title IIIC Nutrition Programs. K. Leicht, RD LDN MBA

815-941-1590

# COMMUNITY NUTRITION NETWORK

Monday		Tuesday		Wednesday		Thursday		FRIDAY	
SARATOGA TOWERS		SARATOGA TOWERS		SARATOGA TOWERS				SARATOGA TOWER 1	
Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of the employment in the programs or activities in the compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department of Aging. For information, call 1-800-252-8966 [voice & TDD] or contact the Director of Personnel at [312] 207-5444.				Funding in part is provided by Northeastern Illinois Area on Aging and United Way of Grundy County				Chicken a La King, Biscuit, Mixed Vegetables, Tossed Salad, Fruit, Dessert, Milk   Lunch 11:00 Suggested Donation \$5.00	
SARATOGA TOWERS 4		SARATOGA TOWERS 5		SARATOGA TOWER 6		7		SARATOGA TOWER 8	
Office open 8AM-11AM to register for or reload Senior Dine Cards or aquire "Great Plates" Coupons Meals are now \$7				Thanksgiving Dinner Party Roast Turkey & Dressing, Mashed, Potatoes & Gravy, Green Beans, Dinner Rolls & Butter, Cranberry Sauce, Fruit, Dessert, Milk  Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$8.00 		Office Closed Volunteer Luncheon		Meatball Sandwich on Bun w/ Baked Mostaccioli Marinara, Peas & Carrots, Tossed Salad, Fruit, Milk, Dessert   Lunch 11:00 Suggested Donation \$5.00	
Coal City 11		SARATOGA TOWERS 12		SARATOGA TOWER 13		14		SARATOGA TOWER 15	
Office is Closed for Veterans Day		Office open 8AM-11AM to register for or reload Senior Dine Cards or aquire "Great Plates" Coupons Meals are now \$7		Scalloped Potatoes and Ham, Tossed Salad, Green Beans, Rolls & Butter, Fruit, Dessert, Milk  Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$8.00 				Pot Luck, will include Entrée, Potatoes, Veggies, Rolls & Butter, Fruit, Dessert, Milk   Lunch 11:00 Suggested Donation \$5.00	
18		MAZON 19		SARATOGA TOWER 20		Coal City 21		SARATOGA TOWER 22	
		Roast Turkey & Dressing, Mashed, Potatoes & Gravy, Green Beans, Rolls & Butter, Cranberry Sauce, Fruit, Dessert, Milk  Catered by Upper Crust. Euchre at 10:30  Lunch 12:00 Bingo to Follow Suggested Donation \$8.00		Yankee Pot Roast w/Carrots & Potatoes, Tossed Salad, Biscuits & Butter, Fruit, Dessert, Milk  Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$8.00 		Roast Turkey & Dressing, Mashed, Potatoes & Gravy, Green Beans, inner Rolls & Butter, Cranberry Sauce, Fruit, Dessert, Milk  Catered by Upper Crust. Bingo at 10:30AM Lunch 12:00 Suggested Donation \$8.00		Monthly Birthday Party Tomato Soup, Gourmet Grilled Cheese, (it's a grilled cheese with either chicken Parm or sliced Pork Chop Inside) Tossed Salad, Kidney Bean Salad, Chips, Fruit, Dessert, Milk  Lunch 11:00 Suggested Donation \$5.00	
MINOOKA 25		26		SARATOGA TOWER 27		28		SARATOGA TOWER 29	
Roast Turkey & Dressing, Mashed, Potatoes & Gravy, Green Beans, Rolls & Butter, Cranberry Sauce Fruit, Dessert, Milk   Catered by Upper Crust Lunch 12:00 Bingo to Follow Suggested Donation \$8.00				Spaghetti & Meatballs W/ Marinara, Mixed Vegetables, Tossed Salad, Fruit, Rolls & Butter, Dessert, Milk  Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$8.00 		Office is Closed for the Thanksgiving Holiday 		Office is Closed for the Thanksgiving Holiday	

Saratoga Towers Café serves meals daily at 11:30, open to public 60+ For your safety if you cannot eat all of your meal Refrigerate it right away!! Be safe! Please call 815-941-1590 to make or change a reservation. When you leave a message be assured we will follow through. Menu Subject to change due to availability of items. Thank You