

Beecher Center/Meals on  
Wheels  
908 Game Farm Road  
Yorkville, IL. 60560

Days: *Mondays-Fridays*  
Times: *7:00am-1:00pm*  
Phone: *630-553-2316*



**Community Nutrition Network  
& Senior Services Association**



**November 2024**

*Nutrition Director/Louise Maritato*

Monday	Tuesday	Wednesday	Thursday	Friday
<p>For your safety, if you cannot finish your meal, or you're not ready to eat your meal at delivery time, refrigerate immediately Suggested Donation \$3.75</p>	<p><i>Remove meal from the freezer or refrigerator Punch a few holes in the clear cover with a fork. Leave the cover on the food. Set microwave to defrost for 2-4 minutes, then full power for 3-5 minutes. If it has been refrigerated, it will not take as long</i></p>			<p>1 Surmi Crab Alfredo, Penne Pasta, Zucchini w/ Red Peppers &amp; Onions, Chef's Choice Vegetable, Multi Grain Dinner Roll, Fruit Cup, Milk</p>
<p>4 Baked Meatloaf w/ Country Gravy, Cauliflower Mashed Potatoes, Mixed Vegetables, Whole Wheat Roll, Pineapple Tid Bits, Milk</p>	<p>5 BBQ Pulled Pork, Oven Fries, Carrot Raisin Salad, Wheat Sandwich Bun, Warm Apple Crumble, Milk</p>	<p>6 Miso Glazed Chicken Thigh, Scalloped Potatoes, Baked Bean Casserole, Multi Grain Bread, Fruit Jell O, Milk</p>	<p>7 <b>Closed for Volunteer Appreciation Day</b></p>	<p>8 Swedish Meatballs/Gravy, Mashed Potatoes. Broccoli, Multi Grain Bread, Fresh Melon, Milk</p>
<p>11 <b>Closed for Veterans Day</b></p>	<p>12 Cheddar Broccoli Chicken Rice Casserole, Cauliflower, Multi Grain Bread, Warm Pear Cobbler, Milk</p>	<p>13 Salisbury Steak/Gravy, Mashed Potatoes, Corn, Multi Grain Dinner Roll, Pineapple Tidbits, Milk</p>	<p>14 Hot Dog, Oven Fries, Bean Casserole, Wheat Hot Dog Bun, Banana , Milk</p>	<p>15 Classic Lasagna w/ Meat Sauce, Broccoli, Chef's Choice Vegetable, Wheat Bread, Oatmeal Raisin Cookie, Milk</p>
<p>18 Turkey Pot Roast/Gravy, Baked Sweet Potatoes, Mixed Vegetables, Bread Stuffing, Chef's Fruit, Milk</p>	<p>19 Spaghetti &amp; Meatballs Marinara, Mixed Salad Greens, Wheat Vienna, Chilled Peaches, Milk</p>	<p>20 Hamburger, German Potato Salad, Green Beans, Wheat Sandwich Bun, Fresh Prange, Milk</p>	<p>21 Chicken Vesuvio, Mashed Potatoes, Cauliflower &amp; Red Peppers, Wheat Bread, Mandarin Oranges, Milk</p>	<p>22 Citrus Alaskan Pollock, Vegetable Rice Pilaf, Country Blend Vegetables, Multi Grain Dinner Roll, Chick Pea Salad, Fresh Mellon, Milk</p>
<p>25 Roast Turkey &amp; Gravy, Baked Sweet Potatoes, Green Bean Casserole, Bread Stuffing, Dessert, Milk</p>	<p>26 BBQ Riblet, Oven Fries, Black Beans &amp; Corn, Wheat Sandwich Bun, Whole Apple, Milk</p>	<p>27 Hot Roast Beef, Mashed Potatoes/ Gravy, Peas &amp; Carrots, Wheat Bread, Fresh Orange, Milk</p>	<p>28 <b>Closed for Thanksgiving</b></p>	<p>29 <b>Closed for Thanksgiving</b></p>

Menu subject to change due to availability of items. Funding in part is provided by Age Guide Area on Aging