



September 2024

Community Nutrition Network & Senior Services Association



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p>	<p>3</p> <p>Italian sausage /marinara Scalloped potatoes Brussel sprouts Wheat bun Fresh melon</p>	<p>4</p> <p>Bbq pulled chicken Cheesy mashed potato Broccoli Wheat bun Chilled pears</p>	<p>5</p> <p>Dilled tuna salad Lettuce & Tomato Garbanzo & kidney beans w/ slivered carrots Wheat Kaiser Fruit Cup</p>	<p>6</p> <p>Chicken Marbella Rice Florentine Country blend Whole wheat bread Whole Orange</p>
<p>9</p> <p>Kielbasa Dilled potatoes Bean casserole Rye bread Fruit cup</p>	<p>10</p> <p>Chicken w/ garden rotini pasta salad Salad greens Tomato wedges Multi-Grain bread Pineapple Tid-Bits</p>	<p>11</p> <p>Eggs Lorraine Potatoes O'Brien Fruit cup Blueberry muffin Whole orange</p>	<p>12</p> <p>Baked meatloaf /gravy Mashed potatoes Carrots & Chives Wheat Bread Chilled peaches</p>	<p>13</p> <p>Potato crusted fish filet Au Gratin potatoes Peas Whole wheat bread Applesauce</p>
<p>16</p> <p>Meatball marinara sub Potatoes Italiano Italian green beans Wheat French roll Whole orange</p>	<p>17</p> <p>Salisbury Steak Mashed Potatoes\Gravy Cabbage & Carrots Multi-Grain Bread Mixed Fruit Oatmeal Raisin Cookie</p>	<p>18</p> <p>Roasted turkey breast & Wisconsin cheddar Wheat Kaiser Lettuce & Tomato Pea salad Pineapple Tid-Bits</p>	<p>19</p> <p>Lemon basil chicken Garden Vegetables Corn & black beans Multi-Grain dinner roll Applesauce</p>	<p>20</p> <p>Veal parmesan Penne Pasta/ marinara Broccoli Wheat Vienna bread Fresh melon</p>
<p>23</p> <p>Chicken ala orange Vegetable rice pilaf Northern beans Bran muffin bread Chilled peaches</p>	<p>24</p> <p>French dip beef w/ mush- rooms & onions Oven fries Corn French roll Apple</p>	<p>25</p> <p>Classic Lasagna W/ Meat Sauce Squash Medley Italian Green Beans Whole Wheat Bread Chilled Pears</p>	<p>26</p> <p>Surimi Crab Salad Mixed Greens W/ Tomato Wedges Dilled Cucumbers Apple Cinnamon Muffin Fruit Cup</p>	<p>27</p> <p>Hot Dog Twice Baked Potato Casserole Peas & Carrots Wheat Hot Dog Bun Banana</p>
<p>30</p> <p>Roast Pork & Gravy Au Gratin Potatoes Peas & Carrots Wheat Bread Whole Apple</p>	<p>For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY!</p> <p>Do not leave it sitting out. Please be safe. Each meal served with fat-free or skim milk.</p>			

Menu subject to change due to availability of items. Funding in in part is provided by AgeGuide

Suggested Lunch Donation: \$4.00