

**CNN Home Delivered
Meal Program
1700 Newton Place
Morris, IL 60450**

Patty Strahan Nutrition Director

September 2024



**Community Nutrition Network
& Senior Services Association**

*Days: Mondays-Fridays
Times: 8:00am-3:00 pm
Phone: (815)941-1590*

This menu is approved for use by Georgis title III C Nutrition Sites. K. Leicht, RD LDN MBA



Funding in part is provided by Age Guide and United Way of Grundy County



If you have any questions or problems please call our office at 1-815-941-1590.

Monday	Tuesday	Wednesday	Thursday	Friday
2. Office Closed	3. ITALIAN SAUSAGE/MARINARA SCALLOPED POTATOES BRUSSELS SPROUTS HEAT SAUSAGE BUN FRESH MELON Milk or juice	4. BBQ PULLED CHICKEN CHEESY MASHED POTATO BROCCOLI WHEAT SANDWICH BUN CHILLED PEARS Milk or juice	5. CHICKEN & MINI DUMPLINGS GARDEN VEGETABLES CORN & BLACK BEAN SALAD MULTI - GRAIN DINNER ROLL HOT GLAZED APPLES Milk or juice	6.CHICKEN MARBELLA RICE FLORENTINE COUNTRY BLEND WHOLE WHEAT BREAD WHOLE ORANGE Fruit, Milk or juice
9.KIELBASA DILLED BABY RED POTATOES BEAN CASSEROLE RYE BREAD FRUIT CUP Milk or juice	10. CHICKEN W/ GARDEN ROTINI PASTA SALAD MIXED SALAD GREENS HERBED TOMATO WEDGES MULTI-GRAIN BREAD PINEAPPLE TID BITS Milk or juice	11. SOUFFLE LORRAINE POTATOES O'BRIEN FRUIT CUP BLUEBERRY MUFFIN BREAD WHOLE ORANGE Milk or juice	12. BAKED MEATLOAF W/ COUNTRY GRAVY MASHED POTATOES CARROTS & CHIVES WHOLE WHEAT BREAD CHILLED PEACHES Milk or juice	13. POTATO CRUSTED FISH FILET AU GRATIN POTATOES COLE SLAW WHOLE WHEAT BREAD HOT APPLESAUCE Milk or juice
16. MEATBALL MARINARA SUB SANDWICH POTATOES ITALIANO GREEN BEANS MULTI GRAIN BREAD Fruit, Milk or juice	17. SALISBURY STEAK/GRAVY MASHED POTATOES CABBAGE & CARROTS MULTI-GRAIN BREAD Fruit, Milk or juice	18. ROAST TURKEY WISCONSIN CHEDDAR ON WHEAT KAISER LETTUCE & TOMATO PEA SALAD Fruit, Milk or juice	19. CHICKEN & MINI DUMPLINGS GARDEN VEGETABLES CORN & BLACK BEAN SALAD MULTI - GRAIN DINNER ROLL HOT GLAZED APPLES Milk or juice	22. VEAL PARMESAN PENNE PASTA W/ MARINARA SAUCE BROCCOLI WHEAT VIENNA BREAD FRESH MELON Milk or juice
23. CHICKEN ALA ORANGE VEGETABLE RICE PILAF BEAN SALAD WHEAT CRANBERRY BREAD HOT PEACH CRUMBLE Milk or juice	24. FRENCH DIP OF BEEF W/ MUSHROOMS & ONIONS OVEN FRIES & CORN WHEAT FRENCH ROLL FRESH MELON Milk or juice	25. CLASSIC LASAGNA W/MEAT SAUCE SQUASH MEDLEY ITALIAN GREEN BEANS WHOLE WHEAT BREAD Fruit, Milk or juice	26. SURIMI CRAB SALAD TOMATO WEDGES DILLED CUCUMBERS WHOLE WHEAT BREAD APPLE CRISP Milk or juice	27.HOT DOG TWICE BAKE POTATO CASSEROLE PEAS & CARROTS WHEAT HOT DOG BUN BANANA Milk or juice
30.ROAST PORK & GRAVY AU GRATIN POTATOES PEAS & CARROTS WHEAT BREAD WHOLE APPLE Milk or juice	Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of the employment in the programs or activities in the compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department of Aging. For information, call 1-800-252-8966 [voice & TDD] or contact the Director of Personnel at [312] 207-5444.			

Menu subject to change due to availability of items. For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal when it is delivered: REFRIGERATE IT RIGHT AWAY!! Do not leave it sitting out!!! Remove meal from the freezer and follow the cooking instructions provided. If it has been refrigerated, it will not take as long. This menu is subject to change.

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