



SEPTEMBER

2024






Monday

Tuesday




Wednesday

Thursday

Friday

<p>2.</p>  <p>CLOSED LABOR DAY</p>	<p>3.</p> <p>BINGO</p>	<p>4.</p> <p>BINGO</p>	<p>5.</p> <p>BINGO</p>	<p>6.</p> <p>BINGO</p>
<p>9.</p> <p>BINGO</p>	<p>10.</p> <p>BINGO</p>	<p>11.</p> <p>BINGO</p>	<p>12.</p> <p>BINGO</p>	<p>13. Bingo cards \$5.00</p> 
<p>16.</p> <p>BINGO</p>	<p>17.</p> <p>BINGO</p>	<p>18.</p> 	<p>19.</p> <p>BINGO</p>	<p>20.</p> <p>BINGO</p>
<p>23.</p> <p>BINGO</p>	<p>24.</p> <p>BINGO</p>	<p>25.</p> <p>BINGO</p>	<p>26.</p> <p>BINGO</p>	<p>27. Restaurant Day</p> 
<p>30.</p> 				<p>Suggested Donation \$3.00</p>

Menu subject to change due to availability of items. Funds in whole or in part for this publication were provided through an award from Age Option under title 111 of the older Americans Act as administered through the Illinois Department on Aging and federal administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination Act the age Discrimination in

Monday	Tuesday	Wednesday	Thursday	Friday
<p>02.</p> 	<p>3. Italian Sausage Wheat Sausage Bun Bean soup Tossed garden salad Cottage cheese, diced melon, carrot raisin salad</p>	<p>04. BBQ Pulled Chicken Cheesy Mashed potato Broccoli Wheat Sandwich Bun Chilled Pears</p>	<p>Grilled chicken salad Fruit salsa Dinner roll Vegetable soup\Tossed garden salad Cottage cheese, fruit cup Garbanzo & kidney salad</p>	<p>06. Chicken MARBELLA Rice Florentine Vegetables Whole Wheat Bread Whole Orange</p>
<p>09. Kielbasa Dilled Potatoes Bean Casserole Rye Bread Fruit Cup</p>	<p>10. Chicken w/garden rotini Wheat dinner roll Split Pea soup Tossed garden salad Cottage cheese, Pineapple Beet salad</p>	<p>11. Egg Lorraine Potatoes O'Brien Fruit Cup Blueberry muffin Whole orange</p>	<p>12. Baled Meatloaf Mashed potatoes Carrots & chives Wheat bread Chilled peaches</p>	<p>13. Potato crusted Fish Filet Au gratin potatoes Peas Whole wheat Bread Applesauce</p>
<p>16. Meatballs marinara sub sandwich Potatoes Green beans Wheat French roll Whole orange</p>	<p>17. Pulled pork Shoulder with mango Wheat sandwich Bun Cream of Mushroom Tossed salad, potato salad Cottage cheese, Mixed fruit</p>	<p>18. Roasted turkey breast Wheat Kaiser Lettuce & tomato Pea salad Pineapple</p>	<p>19. Basil chicken Garden vegetables Corn & beans Multi grain dinner roll Apple sauce Banana</p>	<p>20. Veal parmesan Penne pasta w/marinara sauce Broccoli Wheat bread Fresh melon</p>
<p>23. Chicken ala orange Rice Beans Bran muffin bread Chilled peaches</p>	<p>24. French dip of beef Mushroom & onions Oven Fries Corn Wheat French roll Whole apple</p>	<p>25. Classic lasagna Meat sauce Squash medley Green beans Whole wheat bread</p>	<p>26. Crab salad Mixed salad green w/tomato wedges Dilled cucumbers Apple cinnamon muffin Fruit cup</p>	<p>27. Restaurant Day Fire house Italian Sub Potato Chips Cookie</p>
<p>30. Roast pork & gravy Au Grain potatoes Peas & carrots Wheat bread Whole apple</p>			<p>For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY! Do not leave it sitting out. Please be safe. Each meal served with milk</p>	<p>Suggested Donation \$3.00</p>