

September 2024

Brookfield Colgrass Café
9022 31st Street
Brookfield, IL 60513

Café Manager: Tanya Harrison
708-310-4434 ext 4
Suggested donation: \$3.00

Hours: Monday Through Friday, 11:00am to 2:00pm

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>2</p>	<p>3</p> <p>Italian Sausage Marinara Scalloped Potatoes Brussel Sprouts Wheat Sausage Bun Juice, Melon</p>	<p>4</p> <p>BBQ Pulled Chicken Cheesy Mashed Potatoes Broccoli Whole Wheat Bun Chilled Pears</p>	<p>5</p> <p>Dill Tuna Salad Sandwich Lettuce & Tomato Garbanzo & Kidney Bean Salad Wheat Kaiser Bun Fruit Cup, Banana</p>	<p>6</p> <p>Chicken Marbella Rice Florentine Country Blend Whole Wheat Bread Orange</p>
<p>9</p> <p>Kielbasa Dilled Potatoes Bean Casserole Rye Bread Fruit Cup</p>	<p>10</p> <p>Chicken Garden Rotini Salad Mixed Salad Greens Herbed Tomato Wedges Chef's Choice Pineapple Tidbits</p>	<p>11</p> <p>Eggs Lorraine Potatoes O'Brien Fruit Cup Blueberry Muffin Orange</p>	<p>12</p> <p>Baked Meatloaf w/Gravy Mashed Potatoes Carrots & Chives Whole Wheat Bread Chilled Peaches, Melon</p>	<p>13</p> <p>Potato Crusted Fish Fillet Au Gratin Potatoes Peas Whole Wheat Bread Applesauce</p>
<p>16</p> <p>Meatball Marinara Sub Potatoes Italiano Italian Green Beans Wheat French Roll Orange</p>	<p>17</p> <p>Salisbury Steak Mashed Potatoes & Gravy Cabbage & Carrots Multi Grain Bread, Mixed Fruit Oatmeal Raisin Cookie</p>	<p>18</p> <p>Roasted Turkey & Cheddar Sandwich Lettuce & Tomato Pea Salad Pineapple Tidbits</p>	<p>19</p> <p>Lemon Basil Chicken Garden Vegetables Corn & Black Beans Multi Grain Dinner Roll Applesauce, Banana</p>	<p>20</p> <p>Veal Parmesan Penne Pasta w/Marinara Broccoli Wheat Vienna Bread Fresh Melon</p>
<p>23</p> <p>Chicken A La Orange Vegetable Rice Pilaf Northern Beans Bran Muffin Bread Chilled Peaches</p>	<p>24</p> <p>French Dip Beef w/ Mushrooms & Onions Oven Fries Corn Apple, Chef's Choice</p>	<p>25</p> <p>Classic Lasagna Squash Medley Italian Green Beans Whole Wheat Bread Chilled Pears</p>	<p>26</p> <p>Surimi Crab Salad Mixed Salad Green w/Tomato Wedges Dilled Cucumbers Fruit Cup, Apple Muffin</p>	<p>27</p> <p>Hot Dog Twice Baked Potato Casserole Peas & Carrots Wheat Hot Dog Bun Banana</p>
<p>30</p> <p>Pork Roast w Gravy Au Gratin Potatoes Peas & Carrots Wheat Bread Apple</p>				<p>If you cannot eat your meal when it is delivered, REFRIGERATE IT RIGHT AWAY! Please don't leave food sitting out! Milk served with each meal</p>

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S.Civil Rights act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 or contact the Director of Personnel at (312)207-5290.