

Community Nutrition Network & Senior Services Association

**PHOENIX
CAFÉ**

650 E Phoenix Center Drive
Phoenix, IL 60426

Hours: Monday Through Friday, 8:00am to 2:00pm

Café Manager: Elizabeth Davalos
(708) 331-2408



Monday	Tuesday	Wednesday	Thursday	Friday
<p>FOR YOUR SAFTY</p> <p>If you cannot eat your meal or if you are not ready to eat your meal when it is delivered, REFRIGERATE IT RIGHT AWAY Do not leave sitting out</p> <p>Each meal is served with fat free  OR Low Fat Milk</p>	 <p><i>Hello August</i> To all those who are reading this, I really hope something good happens for you this month.</p> <p><small>Created and Owned by Faith Pringle ©</small> Wisdomtoinspirethesoul.com</p>	 <p>This is not just another day, this is yet another chance to make your dreams come true.</p>	<p>Dill Tuna Salad, Wheat French Roll, Soup Du Jour, Tossed Garden Salad, Cottage Cheese, Peaches, Pea Salad</p> <p>SALAD BAR</p>	<p>Potato Crusted Fish Filet, Au Gratin Potatoes, Peas, Wheat Bread, Applesauce</p>
<p>Meatball/Marinara Sub Sandwich, Potatoes Italiano, Italian Green Beans Wheat French Roll, Whole Orange</p>	<p>Salisbury Steak, Mased Potatoes/Gravy Mashed Potatoes/Gravy, Cabbage & Carrots, Multi-Grain Bread, Mixed Fruit Oatmeal Raisin Cookie</p>	<p>Roasted Turkey Breast & Wisconsin Cheddar, Wheat Kaiser, Lettuce & Tomato, Pea Salad, Pineapple Tid Bits</p>	<p>Lemon Basil Chicken, Garden Veggies, Corn & Black Beans, Multi-Grain Dinner Roll, Apple Sauce, Banana</p>	<p>Veal Parmesan, Penne Pasta W/ Marinara Sauce, Broccoli, Wheat Vienna Bread, Melon</p>
<p>Chicken Ala Orange, Vegetable Rice Pilaf, Northern Beans, Bran Muffin, Chilled Peaches</p>	<p>Corn Dusted Flounder, Lemon Herb Wheat Dinner Roll, Broccoli Cheddar Soup, Tossed Garden Salad, Cottage Cheese, Diced Melon, Coleslaw</p> <p>SALAD BAR</p>	<p>Classic Lasagna W/Meat Sauce, Squash Medley, Italian Green Beans, Wheat Bread, Chilled Pears</p>	<p>Surimi Crab Salad, Mixed Salad Greens W/Tomato wedges, Dilled Cucumbers, Apple Cinnamon Muffin, Friut cup</p>	<p>Hot Dog, Twice Baked Potato Caserole, Peas & Carrots, Wheat Hot Dog Bun, Banana</p>
<p>BBQ Riblet, Sweet Potato Smashed, Vegetables, Wheat Sandwich Bun, Strawberry Yogurt</p>	<p>Cheeseburger, Bun, Tomato Florentine Soup, Tossed Garden Salad, Cottage Cheese, Fruit Sunburst, Macaroni Salad</p> <p>SALAD BAR</p>	<p>BLT Chicken Salad, Mixed Salad Greens W/Tomato Wedge, Tri-Bean Salad, Corn Bread, Mandarin Oranges</p>	<p>\$4.00</p> 	<p>Herbed Baked Chicken, Mashed Potatoe W/Gravy, Green Bean Casserole, Bran Muffin Bread, Whole Apple</p> <p>CASINO TRIP</p>
<p>Baked Meatloaf W/Country Gravy, Mashed Potatoes, Stewed Tomatoes, Wheat Bread, Whole Orange</p>	<p>Grilled Chicken Salad, Bacon Ranch Dressing, Dinner Roll, Garden Vegetable Soup, Tossed Garden Salad, Cottage Cheese, Banana</p> <p>SALAD BAR</p>	<p>Slow Roasted Beef, Au Gratin Potatoes, Carrots & Chives, Multi-Grain Dinner Roll, Mixed Fruit</p>	<p>Chicago Style Hot Dog, Bun, White Bean Soup, Tossed Garden Salad, Cottage Cheese, Mandarin Orange Jello, Ginger Broccoli Salad</p> <p>SALAD BAR</p>	<p>Turkey Pasta Salad W/Shell Rigate, Lettuce/Tomato, Tri-Bean Salad, Wheat Bread, Pineapple Tid Bits</p>
<p>MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF ITEMS</p>			<p>Donation \$3.00</p>	

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 (voice & TDD) or contact the Director of Personnel at (312)207-5290

