

Funding in Part by: Northern Illinois Area Agency on Aging and United Way

Patty Strahan, Manager

Website-WWW.CNNSSA.ORG



These menus are approved for use by title IIIC Nutrition Programs. K. Leicht, RD LDN MBA

815-941-1590

COMMUNITY NUTRITION NETWORK

Monday		Tuesday		Wednesday		Thursday		FRIDAY	
						1		2	
Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of the employment in the programs or activities in the compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department of Aging. For information, call 1-800-252-8966 [voice & TDD] or contact the Director of Personnel at [312] 207-5444.				Funding in part is provided by Northeastern Illinois Area on Aging and United Way of Grundy County				SARATOGA TOWER Pot Luck, will include Entrée, Pasta or potatoes, Veggies, Fruit, Dessert, Milk Lunch 11:00 Suggested Donation \$4.00	
SARATOGA TOWERS		SARATOGA TOWERS		SARATOGA TOWER		SARATOGA TOWER		SARATOGA TOWER	
5		6		7		8		9	
Office open 8AM-11AM to register for or reload Senior Dine Cards or aquire "Great Plates" Coupons				Oven Baked Fried Chicken Mashed Potatoes w/Gravy, Carrots, Tossed Salad, Rolls & Butter, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$7.00				Pulled Pork on Bun, BBQ Baked Beans, Chips, Cole Slaw, Fruit, Dessert, Milk Lunch 11:00 Suggested Donation \$4.00	
COAL CITY		SARATOGA TOWERS		SARATOGA TOWER		SARATOGA TOWER		SARATOGA TOWER	
12		13		14		15		16	
Meat Loaf, Mashed Potatoes & Gravy, Tossed Salad, Green Beans, Rolls & Butter, Fruit, Dessert, Milk Catered by Train Stop Inc. Lunch 12:00 Bingo to Follow Suggested Donation \$7.00		Office open 8AM-11AM to register for or reload Senior Dine Cards or aquire "Great Plates" Coupons		Breaded Pork Tenderloins, Mashed Potatoes & Gravy, Rolls & Butter, Mixed Vegetables, Peaches, Tossed Salad, Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$7.00				Chicken and Dumplings, Mixed Vegetables, Tossed Salad, Fruit, Dessert, Milk Lunch 11:00 Suggested Donation \$4.00	
MINOOKA		MAZON		SARATOGA TOWER		Coal City		SARATOGA TOWER	
19		20		21		22		23	
		Oven Baked Fried Chicken Mashed Potatoes w/Gravy, Rolls & Butter, Corn, Fruit, Dessert, Milk Catered by Train Stop Inc. Euchre at 10:30 Lunch 12:00 Bingo to Follow Suggested Donation \$7.00		Swedish Meatballs and Buttered Egg Noodles, Peas & Carrots, Applesauce, Rolls & Butter, Tossed Salad, Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$7.00		Grilled Chicken Breast w/Cheese on Bun, Pasta Salad, Green Beans, Tossed Salad, Fruit, Dessert, Milk Catered by Train Stop Inc. Bingo at 10:30AM Lunch 12:00 Suggested Donation \$7.00		Chicken and Broccoli over Noodles, Mixed Vegetables, Tossed Salad, Fruit, Dessert, Milk Lunch 11:00 Suggested Donation \$4.00	
MINOOKA		SARATOGA TOWER		SARATOGA TOWER		SARATOGA TOWER		SARATOGA TOWER	
26		27		28		29		30	
Chicken Fajitas w/ Onion&Peppers, Flour Tortillas, Spanish Rice & Beans, Tossed Salad, Fruit, Dessert, Milk Catered by Upper Crust Lunch 12:00 Bingo to Follow Suggested Donation \$7.00				Baked Beef Mastaccioli, Green Beans, Garlic Bread, Tossed Salad, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$7.00				Monthly Birthday Party Mediteranian Chicken w/Tossed Salad, Greek Orzo Pasta Salad, Hummus & Veggies, Rolls & Butter, Fruit, Dessert, Milk Lunch 11:00 Suggested Donation \$4.00	

Saratoga Towers Café serves meals daily at 11:30, open to public 60+ For your safety if you cannot eat all of your meal Refrigerate it right away!! Be safe! Please call 815-941-1590 to make or change a reservation. When you leave a message be assured we will follow through. Menu Subject to change due to availability of items. Thank You