Hometown Community Cafe 8925 S. Kostner Hometown, IL 60456

Days: Mondays-Fridays Times: 10:00am-2:00pm Phone: 708-422-5180



## **Community Nutrition Network & Senior Services Association**



CNN Café Manager: Angie Gasca

**July 2024** 

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken a la Orange     Vegetable Rice Pilaf     Northern Beans     Bran Muffin Bread     Chilled Peaches	2. French Dip of Beef w/Mushrooms & Onions Oven Fries Corn Wheat French Roll Whole Apple	3. Classic Lasagna w/Meat Sauce Squash Medley Italian Green Beans Whole Wheat Bread Chilled Pears	4. Closed	5. Closed  Somy WE'RE  CLOSED
8. BBQ Riblet Mashed Sweet Potato Chef's Vegetable Wheat Sandwich Bun Strawberry Yogurt	9. Hamburger Bean Casserole Mixed vegetables Wheat Sandwich Bun Fruit Sunburst Fresh Melon	10. BLT Chicken Salad Mixed Salad Greens w/ Tomato Wedges Tri-Bean Salad Corn Bread Mandarin Oranges	11. Spaghetti & Meatballs w/Marinara Sauce Capri Blend Vegetables Wheat Vienna Bread Chilled Pears	12. Herbed Baked Chicken Mashed Potatoes w/Gravy Green Bean Casserole Bran Muffin Bread Whole Apple
15. Baked Meat Loaf w/Country Gravy Mashed Potatoes Stewed Tomatoes Whole Wheat Bread Whole Orange	16. Eggs w/Biscuits & Gravy Diced Hash Browns Apple Cobbler Juice Banana	17. Slow Roasted Beef Au Gratin Potatoes Carrots & Chives Multigrain Dinner Roll Mixed Fruit	18. Asian Glazed Chicken Citrus Brown Rice Broccoli Multigrain Bread Mandarin Orange Jello Fortune Cookie	19. Turkey Pasta Salad w/Shell Rigate Lettuce & Tomato Tri-Bean Salad Whole Wheat Bread Pineapple Tidbits
22. Prime Rib of Pork Baked Potato Parslied Cauliflower Rye Bread Mixed Fruit	23. Italian Sausage Marinara Wheat Sausage Bun Scalloped Potatoes Brussels Sprouts Juice Fresh Melon	24. BBQ Pulled Chicken Cheesy Mashed Potatoes Broccoli Wheat Sandwich Bun Chilled Pears	25. Dilled Tuna Salad Sandwich Lettuce and Tomato Garbanzo & Kidney Bean Salad w/carrots & Balsamic Wheat Kaiser	. 26. Chicken Marbella Rice Florentine Country Blend Vegetables Whole Wheat Bread Whole Orange
29. Kielbasa Dilled Potatoes Bean Casserole Rye Bread Fruit Cup	30. Chicken w/Garden Rotini Pasta Salad Mixed Salad Greens Herbed Tomato Wedges Multigrain Bread Pineapple Tidbits	31. Eggs Lorraine Potatoes O'Brtien Fruit Cup Blueberry Muffin Whole Orange	For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal,  REFRIGERATE IT RIGHT  AWAY! Do not leave it sitting out. Please be safe. Each meal served with fat free or skim milk low fat milk	Donation \$3.75 per meal

Funds, in whole or in part, for this publication, were provided through Age Options, and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans Act as administration on Aging, Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against you have the right to file a complaint. For information, 1-800-252-8966 (voice & TDD) or contact the Director of Personnel at (312)-207-5290