

Park Tower Community Café

247 Caterpillar Drive

Joliet, IL 60435

CNN Café Manager: Jennifer Delarosa



July 2024

Community Nutrition Network
& Senior Services Association



Days: Monday Tuesday &
Friday

Times: 11:00 AM-12:00 PM

Phone: (815) 351-4639

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken ala orange Vegetable rice pilaf Northern beans Bran muffin bread Chilled peaches	2 <u>DELI MENU</u>	3	4 	5 Hot dog Twice baked potato casserole Peas & Carrots Wheat hot dog bun Banana
8 Bbq Riblet Sweet potato mashed Chefs vegetable Wheat sandwich bun Strawberry yogurt	9 <u>DELI MENU</u>	10	11	12 Herbed baked chicken Mashed potatoes /gravy Green bean casserole Bran muffin bread Whole apple
15 Baked Meatloaf w/ Gravy Mashed Potatoes Stewed Tomatoes Whole Wheat Bread Whole Orange	16 <u>DELI MENU</u>	17	18	19 Turkey pasta salad Lettuce & tomato Tri-bean salad Wheat Bread Pineapple Tid-Bits
22 Prime rib of pork Baked potato Parslied cauliflower Rye bread Mixed fruit	23 <u>DELI MENU</u>	24	25	26 Chicken Marbella Rice Florentine Country blend Whole wheat bread Whole Orange
29 Kielbasa Dilled potatoes Bean casserole Rye bread Fruit cups	30 <u>DELI MENU</u>	31	For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY! Do not leave it sitting out. Please be safe. Each meal served with fat-free or skim milk.	

Menu subject to change due to availability of items. Funding in in part is provided by AgeGuide

Suggested Lunch Donation: \$4.00

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