

**CNN Home Delivered
Meal Program
1700 Newton Place
Morris, IL 60450**

July 2024

*Days: Mondays-Fridays
Times: 8:00am-3:00 pm
Phone: (815)941-1590*

Patty Strahan Nutrition Director



**Community Nutrition Network
& Senior Services Association**

This menu is approved for use by Georgis title III C
Nutrition Sites. K. Leicht, RD LDN MBA



Funding in part is
provided by Age Guide
and United Way of
Grundy County



If you have any questions or
problems please call our office at
1-815-941-1590.

Monday	Tuesday	Wednesday	Thursday	Friday
1. CHICKEN ALA ORANGE VEGETABLE RICE PILAF NORTHERN BEANS BRAN MUFFIN BREAD Fruit, Milk or juice	2. FRENCH DIP OF BEEF W/ MUSHROOMS & ONIONS OVEN FRIES & CORN WHEAT FRENCH ROLL WHOLE APPLE Milk or juice	3. CLASSIC LASAGNA W/MEAT SAUCE SQUASH MEDLEY ITALIAN GREEN BEANS WHOLE WHEAT BREAD Fruit, Milk or juice	4. Closed for the 4th of July Holiday	5.HOT DOG TWICE BAKE POTATO CASSEROLE PEAS & CARROTS WHEAT HOT DOG BUN BANANA Milk or juice
8. BBQ RIBLET SWEET POTATO MASHED CHEF'S VEGETABLE WHEAT SANDWICH BUN STRAWBERRY YOGURT Milk or juice	9. HAMBURGER BEAN CASSEROLE MIXED VEGETABLE WHEAT SANDWICH BUN FRUIT SUNBURST Milk or juice	10.BLT CHICKEN SALAD, MIXED SALAD GREENS W/TOMATO WEDGES TRI-BEAN SALAD CORNBREAD MANDARIN ORANGES Milk or juice	11. SPAGHETTI & MEATBALLS W/ MARINARA SAUCE CAPRI BLEND VEGETABLES WHEAT VIENNA BREAD CHILLED PEARS Milk or juice	12. HERBED BAKED CHICKEN MASHED POTATOES/ GRAVY GREEN BEAN CASSEROLE BRAN MUFFIN BREAD Fruit, Milk or juice
15.BAKED MEATLOAF W/ COUNTRY GRAVY MASHED POTATOES STEWED TOMATOES WHOLE WHEAT BREAD WHOLE ORANGE Milk or juice	16. BISCUIT & GRAVY EGG BAKE DICED HASH BROWNS APPLE COBBLER JUICE BANANA Milk or juice	17. SLOW ROASTED BEEF AU GRATIN POTATOES CARROTS & CHIVES MULTI - GRAIN DINNER ROLL MIXED FRUIT Milk or juice	18. ASIAN GLAZED CHICKEN CITRUS BROWN RICE BROCCOLI MULTI-GRAIN BREAD MANDARIN ORANGE JELLO FORTUNE COOKIE Fruit, Milk or juice	19. TURKEY PASTA SALAD W/SHELL RIGATE LETTUCE/ TOMATO TRI-BEAN SALAD WHOLE WHEAT BREAD PINEAPPLE TID BITS Milk or juice
22. PRIME RIB OF PORK BAKED POTATO PARSLIED CAULIFLOWER RYE BREAD MIXED FRUIT Milk or juice	23. ITALIAN SAUSAGE/MARINARA SCALLOPED POTATOES BRUSSELS SPROUTS HEAT SAUSAGE BUN FRESH MELON Milk or juice	24. BBQ PULLED CHICKEN CHEESY MASHED POTATO BROCCOLI WHEAT SANDWICH BUN CHILLED PEARS Milk or juice	25. CHICKEN & MINI DUMPLINGS GARDEN VEGETABLES CORN & BLACK BEAN SALAD MULTI - GRAIN DINNER ROLL HOT GLAZED APPLES Milk or juice	26.CHICKEN MARBELLA RICE FLORENTINE COUNTRY BLEND WHOLE WHEAT BREAD WHOLE ORANGE Fruit, Milk or juice
29.KIELBASA DILLED BABY RED POTATOES BEAN CASSEROLE RYE BREAD FRUIT CUP Milk or juice	30. CHICKEN W/ GARDEN ROTINI PASTA SALAD MIXED SALAD GREENS HERBED TOMATO WEDGES MULTI-GRAIN BREAD PINEAPPLE TID BITS Milk or juice	31. EGGS LORRAINE POTATOES O'BRIEN FRUIT CUP BLUEBERRY MUFFIN BREAD WHOLE ORANGE Milk or juice	Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of the employment in the programs or activities in the compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department of Aging. For information, call 1-800-252-8966 [voice & TDD] or contact the Director of Personnel at [312] 207-5444.	

Menu subject to change due to availability of items. For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal when it is delivered: REFRIGERATE IT RIGHT AWAY!! Do not leave it sitting out!!! Remove meal from the freezer and follow the cooking instructions provided. If it has been refrigerated, it will not take as long. This menu is subject to change.

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