

Park Tower Community Café

247 Caterpillar Drive

Joliet, IL 60435

CNN Café Manager: Jennifer Delarosa



# May 2024

## Community Nutrition Network & Senior Services Association



Days: Monday Tuesday & Friday

Times: 11:00 AM-12:00 PM

Phone: (815) 351-4639

Monday	Tuesday	Wednesday	Thursday	Friday
<p>For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY!</p> <p>Do not leave it sitting out. Please be safe. Each meal served with fat-free or skim milk.</p>		1	2	3 Chicken Marbella Rice Florentine Country Blend Veggies Whole Wheat Bread Whole Orange
6 Kielbasa Dilled Potatoes Bean Casserole Rye Bread Fruit Cup	7 Chicken W/ Garden Rotini Pasta Salad Mixed Salad Greens Herbed Tomato Wedges Multi-Grain Bread Pineapple Tid-Bits	8	9	10 Potato Crusted Fish Filet Au Gratin Potatoes Peas Whole Wheat Bread Applesauce
13 Meatball/ Marinara Sub Sandwich Potatoes Italiano Italian Greens Beans Wheat French Roll Whole Orange	14 Salisbury Steak Mashed Potatoes /Gravy Cabbage & Carrots Multi-Grain Bread Mixed Fruit Oatmeal Raisin Cookie	15	16	17 Veal Parmesan Penne Pasta W/Marinara Sauce Broccoli Wheat Vienna Bread Fresh Melon
20 Chicken Ala Orange Vegetable Rice Pilaf Northern Beans Bran Muffin Bread Chilled Peaches	21 French Dip Beef W/ Mushrooms & Onions Oven Fries Corn Wheat French Roll Whole Apple	22	23	24 Hot Dog Twice Baked Potato Cas- serole Peas & Carrots Wheat Hot Dog Bun Banana
27  Memorial Day	28 Hamburger Bean Casserole Mixed Vegetables Wheat Bun Fruit Sunburst	29	30	31 Herbed Baked Chicken Mashed Potatoes / Gravy Green Bean Casserole Bran Muffin Bread Whole Apple

**Menu subject to change due to availability of items.** Funding in in part is provided by AgeGuide

Suggested Lunch Donation: \$4.00

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