

# APRIL 2024

Hours: Monday Through Friday, 8:00am to 2:00pm

**Site Manager**  
**ELIZABETH MORALES**  
**(708) 843-6229 - RSVP**

**BINGO Mon-Fri**  
**10:30AM- 11:30AM**  
**Lunch/Pick-up 11:30am**

**Community Nutrition Network**  
**3140 Enterprise Park Ave**  
**South Chicago Heights IL 60411**  
**Cafe MENU**

Monday	Tuesday	Wednesday	Thursday	Friday				
1 Meatball marinara sub Potatoes italiano Italian green beans Whole orange	2 Salisbury steak Mashed potatoes/gravy Cabbage & carrots Mixed fruit	3 Roasted Turkey breast & wisconsin cheddar Pea salad Pineapple Tidbits	4 Lemon basil chicken Garden vegetables Corn & black beans Apple sauce	5 Spagetti with beef Vegetable medley Bread & butter Fruit cup				
8 CLOSED	9 French dip of beef with mushrooms & onions Oven fries Whole apple	10 Lasanga w/meat sauce Squash medley Italian green beans Chilled pears	11 Roast beef w/beer cheese Lumberjack soup Tossed garden salad Cottage cheese	12 Hot dog Twice baked potato casserole Peas & carrots Bran muffin bread				
15 BBQ Riblet Sweet potato mashed Chef's vegetable Strawberry yogurt	16 Cheeseburger Tomato florentine soup Tossed garden salad Macaroni salad	17 BLT chicken salad Mixed salad greens Tri-bean salad Corn bread/mandarin oranges	18 Spagetti & meatballs with marinara sauce Capri blend vegetables Chilled pears	19 Herbed baked chicken Mashed potatoes/gravy Green Bean casserole Apple juice				
22 Baked Meatloaf w/gravy Mashed Potatoes Stewed Tomatoes Whole orange	23 Eggs w/biscuit & gravy Diced hasbrown Apple cobbler Banana	24 Slow roasted beef Augratin potatoes Carrots & chives Mixed fruit	25 Chicago style hotdog White bean soup Tossed garden salad Ginger broccoli salad	26 Turkey pasta salad w/shell rigate Tri-bean salad Pineapple tidbits				
29 Prime rib of pork Baked potato Parslied cauliflower Mixed fruit	30 Italian sausage/marinara Scalloped Potatoes Brussel sprouts Fresh melon		<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; text-align: center;">Fat-free or Low-fat milk with each meal</td> <td style="width: 50%;">if are not ready to eat your meal when it is delivered, REFRIGERATE IT</td> </tr> <tr> <td></td> <td style="text-align: center;"><b>RIGHT AWAY PLEASE DON'T LEAVE YOUR FOOD SITTING OUT!</b></td> </tr> </table>		Fat-free or Low-fat milk with each meal	if are not ready to eat your meal when it is delivered, REFRIGERATE IT		<b>RIGHT AWAY PLEASE DON'T LEAVE YOUR FOOD SITTING OUT!</b>
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MENU SUBJECT TO CHANGE DUE TO AVAILABILTY OF ITEMS

**Donation \$3.00**

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