

Community Nutrition Network & Senior Services Association

**PHOENIX
CAFÉ**

650 E Phoenix Center Drive
Phoenix, IL 60426

Hours: Monday Through Friday, 8:00am to 2:00pm



Café Manager: Elizabeth Davalos
(708) 331-2408

Monday	Tuesday	Wednesday	Thursday	Friday
1 Meatball/Marinara Sub Sandwich, Potatoes Italiano,,Italian Green Beans Wheat French Roll,Whole Orange	2 Pulled Pork Shoulder W/Mango BBQ, Wheat Sandwich Bun,Cream of Mushroom & Barley,Tossed Garden Salad,Cottage Cheese,Mixed Fruit, Potato Salad <i>SALAD BAR</i>	3 Roasted Turkey Breast & Wisconsin Cheddar,Wheat Kaiser,Lettuce & Tomato,Pea Salad,Pineapple Tid Bits	4 Lemon Basil Chicken,Garden Veggies, Corn & Black Beans,Multi-Grain Dinner Roll,Apple Sauce,Banana	5 Veal Parmesan Penne Pasta W/Marinara Sauce,Broccoli,WheatVienna Bread, Fresh Melon
8 Chicken Ala Orange,Vegetable Rice Pilaf,Notern Beans,Bran Muffin Bread Chilled Peaches	9 Corn Dusted Flounder,Lemon Herb Aioli Wheat Dinner Roll,Broccoli Cheddar Soup,Tossed Garden Salad,Cottage Cheese,Diced Melon,Coleslaw <i>SALAD BAR</i>	10 Classic Lasagna w/Meat Sauce,Squash Italian Green Beans,Whole Wheat bread Chilled Pears	11 Surimi Crab Salad,Mixed Salad Greens W/Tomato Wedge,Dilled Cucumbers Apple Cinnamon Muffin,Fruit Cup	12 Hot Dog,Twice Bake Potato Casserole, Peas & Carrots,Wheat Hot Dog Bun, Banana
15 BBq Riblet,Sweet Potato Mashed, Wheat Sandwich Bun,Straberry Yogurt	16 Cheese Burger,Wheat Bun,Tomato Florentine Soup,Tossed Garden Salad, Cottage Cheese,Fruit Sunburst, Macaroni Salad <i>SALAD BAR</i>	17 Maple Mustard Glazed Chicken Thigh Scalloped Potatoes,Baked Bean Casserole,Wheat Bread,Fruit Jello	18 Deviled Egg Salad,Wheat French Roll, Cream of Potato Soup,Tossed Garden Salad,Cottage Cheese Sliced Pears, Broccoli Salad <i>SALAD BAR</i>	19 Herbed Baked Chicken,Mashed Potatoes/Gravy,Green Bean Casserole, Bran Muffin Bread,Whole Apple
22 Baked Meatloaf W/Country Gravy Mashed Potatoes,Stewed Tomatoes, Wheat Bread,Orange	23 Grilled Chicken Salad,Bacon Ranch Dressing,Wheat Dinner Roll,Garden Veggie Soup,Tossed Garden Salad, Cottage Cheese,Banana <i>SALAD BAR</i>	24 Slow Roasted Beef,Au Gratin Potatoes Carrots & Chives,Multi-Grain Dinner Roll,Mixed Friut	25 Chicago Style Hot Dog,Wheat Bun White Bean Soup,Tossed Garden Salad Cottage Cheese,Mandarin Orange Jello Ginger Broccoli Salad <i>SALAD BAR</i>	26 Turkey Pasta Salad W/Shell Rigate, Lettuce/Tomato,Tri-Bean Salad,Whole Wheat Bread,Pineapple Tid Bits
29 Prime Rib of Pork,Baked Potato, Parslied Cauliflower,Rye bread,Mixed Fruit	30 Italian Sausage Marinara,Wheat Sausage Bun,Bean Soup,Tossed Garden Salad, Cottage Cheese,Diced Melon,Carrot Rasin Salad <i>SALAD BAR</i>		<p>FOR YOUR SAFTY If you cannot eat your meal or if you are not ready to eat your meal when it is delivered, REFRIGERATE IT RIGHT AWAY Do not leave sitting out Each meal is served with fat free OR Low Fat Milk </p>	

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF ITEMS

Donation \$3.00

OR Low Fat Milk

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S.Civil Rights act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 (voice & TDD) or contact the Director of Personnel at (312)207-5290

