

Beecher Center/Meals on
Wheels
908 Game Farm Road
Yorkville, IL. 60560

Days: *Mondays-Fridays*
Times: *7:00am-1:00pm*
Phone: *630-553-2316*



**Community Nutrition Network
& Senior Services Association**



May 2024

Nutrition Director/Louise Maritato

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Remove meal from the freezer or refrigerator Punch a few holes in the clear cover with a fork. Leave the cover on the food. Set microwave to defrost for 2-4 minutes, then full power for 3-5 minutes. If it has been refrigerated, it will not take as long</i></p>	<p>For your safety, if you cannot finish your meal, or your not ready to eat your meal at delivery time. Refrigerate Immediate Suggested Donation \$3.75</p>	<p>1 BBQ Pulled Chicken, Cheesy Mashed Potatoes, Broccoli, Wheat Sandwich Bun, Chilled Pears, Milk</p>	<p>2 Dilled Tuna Salad Sandwich, Lettuce & Tomato, Garbanzo & Kidney Bean, Slivered Carrots Balsam, Wheat Kaiser, Fruit Cup, Milk</p>	<p>3 Chicken Marbella, Rice Florentine, Country Blend, Whole Wheat Bread, Whole Orange, Milk</p>
<p>6 Kielbasa, Dilled Potatoes, Bean Casserole, Rye Bread, Fruit Cup, Milk</p>	<p>7 Chicken w/ Garden Rotini Pasta, Mixed Salad Greens, Herbed Tomato Wedges, Multi-Grain Bread, Pineapple Tid Bits, Milk</p>	<p>8 Eggs Lorraine, Potatoes O'Brien, Fruit Cup, Blueberry Muffin, Whole Orange, Milk</p>	<p>9 Baked Meatloaf w/ Country Gravy, Mashed Potatoes, Carrots & Chives, Whole Wheat Bread, Chilled Peaches, Milk</p>	<p>10 Potato Crusted Fish Fillet, Au Gratin Potatoes, Peas, Whole Wheat Bread, Ap- plesauce, Milk</p>
<p>13 Meatball/Marinara Sub Sandwich, Potatoes Italiano, Italian Green Beans, Wheat French Roll, Whole Orange, Milk</p>	<p>14 Salisbury Steak, Mashed Potatoes/Gravy, Cabbage & Carrots Multi-Grain Bread, Mixed Fruit, Oatmeal Raisin Cookie, Milk</p>	<p>15 Roasted Turkey Breast, Wisconsin Cheddar, Wheat Kaiser, Lettuce Tomato, Pea Salad, Pineapple Tid Bits, Milk</p>	<p>16 Lemon Basil Chicken, Garden Vegetables, Corn & Black Beans, Multi-Grain Dinner Roll, Chilled Pears, Milk</p>	<p>17 Veal Parmesan Penne Pasta w/ Marinara Sauce, Broccoli, Whole Wheat Vienna Bread, Fresh Mellon, Milk</p>
<p>20 Chicken Ala Orange, Vegetable Rice Pilaf, Northern Beans, Bran Muffin Bread, Chilled Peaches, Milk</p>	<p>21 French Dip Beef w/ Mushrooms & Onions, Oven Fries, Corn, Wheat French Roll, Whole Apple, Milk</p>	<p>22 Classic Lasagna w/ Meat Sauce, Squash Medley, Italian Green Beans, Whole Wheat Bread, Chilled Pears, Milk</p>	<p>23 Surimi Crab Salad, Mixed Salad Greens w/ Tomato Wedges, Dilled Cucumbers, Apple Cinnamon Muffin, Fruit Cup, Milk</p>	<p>24 Hot Dog, Twice Bake Potato Casserole, Peas & Carrots, Wheat Hot Dog Bun, Banana, Milk</p>
<p>27 Closed for Memorial Day</p>	<p>28 Hamburger, Bean Casserole, Mixed Vegetable, Wheat Sandwich Bun, Fruit Sunburst, Milk</p>	<p>29 BLT Chicken Salad, Mixed Salad Greens w/ Tomato Wedges, Tri-Bean Salad, Corn Bread, Mandarin Oranges Milk</p>	<p>30 Spaghetti & Meatballs w/ Marinara Sauce, Capri Blend Vegetables, Wheat Vienna Bread, Chilled Pears, Milk</p>	<p>31 Herbed Baked Chicken, Mashed Potatoes/ Gravy, Green Bean Casserole, Bran Muffin Bread, Whole Apple, Milk</p>

Menu subject to change due to availability of items. Funding in part is provided by Age Guide Area on Aging