## **Community Nutrition Network & Senior Services Association**

PHOENIX CAFÉ 650 E Phoenix Center Drive Phoenix,IL 60426	Hours: M	Aonday Through Friday, 8:00am t	to 2:00pm	Café Manager: Elizabeth Davalos (708) 331-2408
Monday	Tuesday	Wednesday	Thursday	Friday
FOR YOUR SAFTY If you cannot eat your meal or if you are not ready to eat your meal when it is delivered, REFRIGERATE IT RIGHT AWAY Do not leave sitting out Each meal is served with fat free OR Low Fat Milk	This is not just another day, this is yet another chance to make your dreams come true.	1 BBQ Pulled Chicken,Cheesy Mashed Potato,Broccoli,Wheat Sandwich Bun, Chilled Pears	2 Dilled Tuna Salad Sandwich,Lettuce & Tomato,Garbanzo & Kidney Bean Silvered Carrots Balsam,Wheat Kaiser, Banana,Fruit Cup	3 Chicken Marbella,Rice Florentine, Country Blend,Wheat Bread,Orange
6 Kielbasa,Dilled Potatoes,Bean Casserole,Rye Bread,Friut Cup	7 Chicken W/Garden Rotini Pasta Salad, Mixed Salad Greens,Herbed Tomato Wedges,Multi-Grain Bread,Pineapple Tid Bits	8 Eggs Lorraine,Potatoes O'Brien,Fruit Cup,Blueberry Muffin,Orange	9 Baked Meatloaf W/Country Gravy, Mashed Potatoes,Carrots & Chives, Wheat Bread,Chilled Peaches,Melon	10 Potato Crusted Fish Filet,Au Gratin Potatoes,Peas,Wheat Bread, Applesauce
13 Meatball/Marinara Sub Sandwich, Potatoes Italiano,,Italian Green Beans Wheat French Roll,Whole Orange	Salisbury Steak,Mased Potatoes/Gravy	Cheddar, Wheat Kaiser, Lettuce &	Lemon Basil Chicken,Garden Veggies,	Veal Parmesan Penne Pasta W/Marinara
20 Chicken Ala Orange,Vegetable Rice Pilaf,Nothern Beans,Bran Muffin Brea Chilled Peaches	21 French Dip of Beef W/Mushrooms & Onions,Oven Fries,Corn,Wheat French Roll,Apple		23 Surimi Crab Salad,Mixed Salad Greens W/Tomato Wedge,Dilled Cucumbers Apple Cinnamon Muffin,Fruit Cup	
Losed Memorial Day	28 Hamburger,Bean Casserole,Mixed Vegetables,Sandwich Bun,Fruit Sunburst,Fresh Melon	29 BLT Chicken Salad,Mixed Greens W/ Tomato Wedge,Tri-Bean Salad,Corn Bread,Mandarin Oranges	Spaghetti & Meatballs W/ Marinara	31 Herbed Baked Chicken,Mashed Potatoes/Gravy,Green Bean Casserole, Bran Muffin Bread,Whole Apple
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Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S.Civil Rights act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 (voice & TDD) or contact the Director of Personnel at (312)207-5290