MAY 2024

Hours: Monday Through Friday, 8:00am to 2:00pm

Community Nutrition Network

Site Manager ELIZABETH MORALES (708) 843-6229 - RSVP BINGO Mon-Fri 10:30AM- 11:30AM Lunch/Pick-up 11:30am 3140 Enterprise Park Ave South Chicago Heights IL 60411

Homebound MENU

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Monday	Tuesday	Wednesday	Thursday	Friday	
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Fat-free or Low-fat milk	if are not ready to eat your meal when	BBQ pulled pork /bun	Dilled tuna salad sandwich	Chicken Marbella	
with each meal	it is delivered, REFRIGERATE IT	Cheesy mashed potatoes	lettuce & tomato	Rice florentine	
	RIGHT AWAY PLEASE DON'T LEAVE	Broccoli	Garbanzo & kidaney bean	Country blend	
	YOUR FOOD SITTING OUT!	Chilled pears	Banana	Orange	
6	7	8	9		10
Kielbsa	Chicken w/garden rotini	Eggs Lorraine	Baked Meatloaf	Potato crusted fish filet	
dilled potatoes	pasta salad	Potatoes o'brien	Mashed potatoes	Au gratin potatoes	
bean casserole	Herbed tomato wedges	Fruit cup	Carrots & chives	Peas & Carrots	
fruit cup/rye bread	Pineapple tidbits	Blueberry muffin	Melon	Applesauce	
13	14	15	16		17
Meatball marinara sub	Salibury steak	Roasted turkey breast	Lemon basil chicken	Veal parmesan	
Potatoes italiano	Mashed potatoes/gravy	w/ cheddar with bun	Garden vegetables	Penne pasta	
Italian green beans	Cabbage & carrots	pea salad	Corn & black beans	Broccoli	
Whole orange	Mixed fruit	pineapple tidbits	Banana	Fresh melon	
20	21	22	23		24
Chicken a la orange	French dip of beef	Classic lasagna w/meatsauce	Surimi Crab salad	Hot dog	
Vegetable rice pilaf	w/mushroom & onions	Squash medley	mixed salad greens/tomato	Twice baked potato casserole	
Northern beans	Oven fries	Italian green beans	Dilled cucumbers	Peas & Carrots	
Chilled pears	Corn / apple	Chilled pears	Apple cinnamon muffin	Banana	
MEMORIAL DAY !!!! 27	28	29	30		31
	Hamburger /bun	BLT chicken salad	Spagetti & Meatballs	Herbed baked chicken	
CLOSED	Bean casserole	Tomato wedges	w/marinara sauce	Mashed potatoes/gravy	
	mixed vegetables	Tri-bean salad	Capri blend vegetables	Green Bean casserole	
	Fresh melon	Corn bread/mandarin oranges	Vienna bread	Bran muffin bread	

MENU SUBJECT TO CHANGE DUE TO AVAILABILTY OF ITEMS

Donation \$3.00

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