

MAY 2024

Brookfield Colgrass Café
9022 31st Street
Brookfield, IL 60513

Café Manager: Tanya Harrison
708-310-4434 ext 4
Suggested donation: \$3.00

Hours: Monday Through Friday, 11:00am to 2:00pm

Monday	Tuesday	Wednesday	Thursday	Friday
<p>If you cannot eat your meal when it is delivered, REFRIGERATE IT RIGHT AWAY! Please don't leave food sitting out! Milk served with each meal</p>		<p>1 BBQ Pulled Chicken Cheesy Mashed Potatoes Broccoli Wheat Bun Chilled Pears</p>	<p>2 Dilled Tuna Salad Lettuce & Tomato Garbanzo & Kidney Beans w/ Slivered Balsamic Carrots Banana, Fruit Cup</p>	<p>3 Chicken Marbella Rice Florentine Country Blend Whole Wheat Bread Orange</p>
<p>6 Kielbasa Dilled Potatoes Bean Casserole Rye Bread Fruit Cup</p>	<p>7 Garden Rotini Pasta Salad w/Chicken Multi Grain Bread Chef's Choice Pineapple Tidbits</p>	<p>8 Eggs Lorraine Potatoes O'Brien Blueberry Muffin Fruit Cup Orange</p>	<p>9 Meatloaf w Country Gravy Mashed Potatoes Carrots & Chives Whole Wheat Bread Peaches & Melon</p>	<p>10 Potato Crusted Fish Fillet Au Gratin Potatoes Peas Whole Wheat Bread Applesauce</p>
<p>13 Meatball Marinara Sub Potatoes Italiano Italian Green Beans Wheat French Roll Orange</p>	<p>14 Salisbury Steak Mashed Potatoes & Gravy Cabbage & Carrots Oatmeal Raisin Cookie Mixed Fruit</p>	<p>15 Roasted Turkey & Cheddar Lettuce & Tomato Pea Salad Wheat Kaiser Roll Pineapple Tidbits</p>	<p>16 Lemon Basil Chicken Garden Vegetables Corn & Black Bean Multi Grain Roll Applesauce, Banana</p>	<p>17 Veal Parmesan Penne Pasta w/ Marinara Broccoli Wheat Vienna Bread Melon</p>
<p>20 Chicken A L'Orange Vegetable Rice Pilaf Northern Beans Bran Muffin Bread Chilled Peaches</p>	<p>21 French Dip of Beef w/ Mushrooms & Onions Oven Fries, Corn Chef's Choice Apple</p>	<p>22 Classic Lasagna Squash Medley Italian Green Beans Whole Wheat Bread Chilled Pears</p>	<p>23 Surimi Crab Salad Salad Greens w/Tomato Wedges Dilled Cucumbers Apple Cinnamon Muffin Fruit Cup</p>	<p>24 Hot Dog Twice Baked Potatoes Peas & Carrots Wheat Hot Dog Bun Banana</p>
<p>27 </p>	<p>28 Hamburger Bean Casserole Mixed Vegetable Fruit Sunburst Wheat Bun, Melon</p>	<p>29 BLT Chicken Salad Mixed Salad Greens Tri Bean Salad Corn Bread Mandarin Oranges</p>	<p>30 Spaghetti & Meatballs w/ Marinara Sauce Capri Blend Vegetables Wheat Vienna Bread Chilled Pears</p>	<p>31 Herb Baked Chicken Mashed Potatoes & Gravy Green Bean Casserole Bran Muffin Bread Apple</p>

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S.Civil Rights act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 or contact the Director of Personnel at (312)207-5290.