Monee Meals on Wheels

5323 W Margaret Street

CNN Site Manager: Tammie Durrett

Monee, IL 60449



April 2024

Community Nutrition Network & Senior Services Association



Days: Monday-Friday Times: 9:00 AM-2:00 PM Phone: (815) 351-9210

Monday	Tuesday	Wednesday	Thursday	Friday
1 Meatball Marinara sub Potatoes Italiano Green Beans Whole Orange	 2 Salisbury Steak Mashed Potatoes Cabbage & Carrots Mixed Fruit Oatmeal Raisin Cookie 	 Roasted Turkey & Wisconsin Cheddar Lettuce & Tomato Pea Salad Pineapple Bits 	4 Lemon Basil Chicken Garden Veggies Corn & Black Beans Dinner Roll Apple Sauce	 5 Veal Parmesan Penne Pasta W/ Marinara sauce Broccoli Fresh Melon
8	9 French Dip Beef W/	10 Classic Lasagna W/Meat	11 Surimi Crab Salad	12 Hot Dog
Chicken Ala Orange	Mushrooms & Onions	sauce	Mixed Greens W/ Tomato	Twice Baked Potato Cas-
Vegetable Rice Pilaf	Wheat French Roll	Squash Medley	wedges	serole
Northern Beans	Oven Fries	Italian Green Beans	Dilled cucumbers	Peas & Carrots
Bran Muffin Bread	Corn	Whole Wheat Bread	Apple Cinnamon Muffin	Wheat Hotdog Bun
Chilled Peaches	Whole Apple	Chilled Pears	Fruit Cup	Banana
15	16	17 BLT Chicken Salad	18	19 Herbed Baked Chicken
Bbq Riblet	Hamburger	Mixed Salad Greens W/	Spaghetti & Meatballs	Mashed Potatoes W/
Sweet Potato Mashed	Bean Casserole	Tomato Wedges	W/ Marinara Sauce	Gravy
Chef's Vegetables	Mixed Vegetables	Tri-Bean Salad	Capri Blend Vegetables	Green Bean Casserole
Wheat Sandwich Bun	Wheat Sandwich Bun	Corn Bread	Wheat Bread	Bran Muffin Bread
Strawberry Yogurt	Fruit Sunburst	Mandarin Oranges	Chilled Pears	Whole Apple
22 Baked Meatloaf W/	23	24	25 Asian Glazed Chicken	26 Turkey Pasta Salad W/
Country Gravy	Eggs W/ Biscuit & Gravy	Slow Roasted Beef	Citrus Brown Rice	Shell Rigate
Mashed Potatoes	Diced Hash Browns	Au Gratin Potatoes	Broccoli	Lettuce/ Tomatoes
Stewed Tomatoes	Apple Cobbler	Carrots & Chives	Multi Grain Bread	Tri-Bean Salad
Whole Wheat Bread	Juice	Multi - Grain Dinner Roll	Mandarin Orange Jell-O	Whole Wheat Bread
Whole Orange	Banana	Mixed Fruit	Fortune Cookie	Pineapple Bits
29 Prime Rib of Pork Baked Potato Parslied Cauliflower Rye Bread Mixed Fruit	30 Italian Sausage /Marinara Scalloped Potatoes Brussels Sprouts Wheat Sausage Bun Fresh Melon	For your safety, if you cannot eat you are not ready to eat your me RIGHT AWAY! Do not leave it sitting out. Please served with fat-free or skim milk.	al, REFRIGERATE IT	VIL VIL GPRIL

Menu subject to change due to availability of items. Funding in in part is provided by AgeGuide

Suggested Lunch Donation: \$4.00

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