Joliet Central Community Café

CNN Café Manager: Marcala Watson

251 N Center Street

Joliet, IL 60435



April 2024

Community Nutrition Network & Senior Services Association



Days: Monday Times: 7:30 AM-3:30PM Phone: (815) 351-8558

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|--|
| 1 Meatball Marinara sub Potatoes Italiano Green Beans Whole Orange | 2 Salisbury Steak Mashed Potatoes Cabbage & Carrots Mixed Fruit Oatmeal Raisin Cookie | Roasted Turkey & Wisconsin Cheddar Lettuce & Tomato Pea Salad Pineapple Bits | 4 Lemon Basil Chicken Garden Veggies Corn & Black Beans Dinner Roll Apple Sauce | 5 Veal Parmesan Penne Pasta W/ Marinara sauce Broccoli Fresh Melon |
| 8 Chicken Ala Orange Vegetable Rice Pilaf Northern Beans Bran Muffin Bread Chilled Peaches | 9 French Dip Beef W/ Mushrooms & Onions Wheat French Roll Oven Fries Corn Whole Apple | 10 Classic Lasagna W/Meat sauce Squash Medley Italian Green Beans Whole Wheat Bread Chilled Pears | 11 Surimi Crab Salad Mixed Greens W/ Tomato wedges Dilled cucumbers Apple Cinnamon Muffin Fruit Cup | Hot Dog Twice Baked Potato Cas- serole Peas & Carrots Wheat Hotdog Bun Banana |
| 15 Bbq Riblet Sweet Potato Mashed Chef's Vegetables Wheat Sandwich Bun Strawberry Yogurt | 16 Hamburger Bean Casserole Mixed Vegetables Wheat Sandwich Bun Fruit Sunburst | 17 BLT Chicken Salad Mixed Salad Greens W/ Tomato Wedges Tri-Bean Salad Corn Bread Mandarin Oranges | 18 Spaghetti & Meatballs W/ Marinara Sauce Capri Blend Vegetables Wheat Bread Chilled Pears | 19 Herbed Baked Chicken Mashed Potatoes W/ Gravy Green Bean Casserole Bran Muffin Bread Whole Apple |
| 22 Baked Meatloaf W/ Country Gravy Mashed Potatoes Stewed Tomatoes Whole Wheat Bread Whole Orange | 23 Eggs W/ Biscuit & Gravy Diced Hash Browns Apple Cobbler Juice Banana | 24 Slow Roasted Beef Au Gratin Potatoes Carrots & Chives Multi - Grain Dinner Roll Mixed Fruit | 25 Asian Glazed Chicken Citrus Brown Rice Broccoli Multi Grain Bread Mandarin Orange Jell-O Fortune Cookie | 26 Turkey Pasta Salad W/ Shell Rigate Lettuce/ Tomatoes Tri-Bean Salad Whole Wheat Bread Pineapple Bits |
| 29 Prime Rib of Pork Baked Potato Parslied Cauliflower Rye Bread Mixed Fruit | 30 Italian Sausage /Marinara Scalloped Potatoes Brussels Sprouts Wheat Sausage Bun Fresh Melon | For your safety, if you cannot eat you are not ready to eat your me RIGHT AWAY! Do not leave it sitting out. Please served with fat-free or skim milk. | al, REFRIGERATE IT | VIL VIL CPRIL |

Menu subject to change due to availability of items. Funding in in part is provided by AgeGuide

Suggested Lunch Donation: \$4.00

Funds, in whole or in part, for this publication were provided through Age Guide of Northeastern Illinois under Title III or the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging. CNNSSA does not discriminate in admission to programs or activities or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint, dial 1-800-252-8966 (Voice and TDD), or contact the Director of Personnel (312) 207-5290.