

Beecher Center/Meals on  
Wheels  
908 Game Farm Road  
Yorkville, IL. 60560

Days: *Mondays-Fridays*  
Times: *7:00am-1:00pm*  
Phone: *630-553-2316*



**Community Nutrition Network  
& Senior Services Association**



**April 2024**

*Nutrition Director/Louise Maritato*

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
1 Meatball Marinara Sub Sandwich, Potatoes Italiano, Italian Green Beans, Wheat French Roll, Whole Orange, Milk	2 Salisbury Steak, Mashed Potatoes/ Gravy, Cabbage & Carrots, Multi-Grain Bread, Mixed Fruit, Oatmeal Raisin Cookie, Milk	3 Roast Turkey Breast & Wisconsin Cheddar, Wheat Kaiser, Lettuce & Tomato, Pea Salad, Pineapple Tid Bits, Milk	4 Lemon Basil Chicken, Garden Vegetables, Corn & Black Beans, Multi-Grain Dinner Roll, Apple Sauce, Milk	5 Veal Parmesan, Penne Pasta w/ Marinara Sauce, Broccoli, Wheat Vienna Bread, Fresh Melon, Milk
8 Chicken Ala Orange, Vegetable Rice Pilaf, Northern Beans, Bran Muffin Bread, Strawberry Yogurt, Milk	9 French Dip Beef w/ Mushrooms & Onions, Oven Fries, Corn, Wheat French Roll, Whole Apple, Milk	10 Classic Lasagna w/ Meat Sauce, Squash Medley, Italian Green Beans, Whole Wheat Bread, Chilled Pears, Milk	11 Surimi Crab Salad, Mixed Salad Greens w/ Tomato Wedges, Dilled Cucumbers, Apple Cinnamon Muffin, Fruit Cup, Milk	12 Hot Dog, Twice Baked Potato Casserole, Peas & Carrots, Wheat Hot Dog Bun, Banana, Milk
15 BBQ Riblet, Sweet Potato Mashed, Chef's Vegetable, Wheat Sandwich Bun, Strawberry Yogurt, Milk	16 Hamburger, Bean Casserole, Mixed Vegetables, Wheat Sandwich Bun, Fruit Sunburst, Milk	17 BLT Chicken Salad, Mixed Salad Greens w/ Tomato Wedges, Tri-Bean Salad, Corn Bread, Mandarin Oranges, Milk	18 Spaghetti & Meatballs w/ Marinara Sauce, Capri Blend Vegetables, Wheat Vienna Bread, Chilled Pears, Milk	19 Herbed Baked Chicken, Mashed Potatoes/Gravy, Green Bean Casserole, Bran Muffin Bread, Chilled Pears, Milk
22 Baked Meatloaf w/ Country Gravy, Mashed Potatoes, Stewed Tomatoes, Whole Wheat Bread, Whole Orange, Milk	23 Eggs w/ Biscuits & Gravy, Diced Hash Browns, Apple Cobbler, Juice, Banana, Milk	24 ,Slow Roasted Beef, Au gratin Potatoes, Carrots & Chives, Multi-Grain Dinner Roll, Mixed Fruit, Milk	25 Asian Glazed Chicken, Citrus Brown Rice, Broccoli, Multi-Grain Bread, Mandarin Orange Salad, Fortune Cookie, Milk	26 Turkey Pasta Salad, w/ Shell Rigate, Lettuce/Tomato, Tri-Bean Salad, Whole Wheat Bread, Pineapple Tid Bits, Milk
29 Prime Rib of Pork, Baked Potato, Parslied Cauliflower, Rye Bread, Mixed Fruit, Milk	30 Italian Sausage/Marinara, Scalloped Potatoes, Brussel Sprouts, Wheat Sausage Bun, Fresh Melon, Milk		<i>Remove meal from the freezer or refrigerator Punch a few holes in the clear cover with a fork. Leave the cover on the food. Set microwave to defrost for 2-4 minutes, then full power for 3-5 minutes. If it has been refrigerated, it will not take as lon</i>	<b>For your safety, if you cannot finish your meal, or your not ready to eat your meal at delivery time. Refrigerate Immediate Suggested Donation \$3.75</b>

Menu subject to change due to availability of items. Funding in part is provided by Age Guide Area on Aging