CNN Home Delivered				
Meal Program				
1700 Newton Place				
Morris, IL 60450				

Patty Strahan Nutrition Director

April 2024

Days: Mondays-Fridays Times: 8:00am-3:00 pm Phone: (815)941-1590



Community Nutrition Network

& Senior Services Association

This menu is approved for use by Georgis title IIIC Nutrition Sites. K. Leicht, RD LDN MBA



United

Funding in part is provided by Age Guide and United Way of Grundy County

If you have any questions or problems please call our office at 1-815-941-1590.

Monday	Tuesday	Wednesday	Thursday	Friday
1. MEATBALL MARINARA SUB SANDWICH POTATOES ITALIANO GREEN BEANS MULTI FRENCH ROLL Fruit, Milk or juice	2. SALISBURY STEAK/GRAVY MASHED POTATOES CABBAGE & CARROTS MULTI-GRAIN BREAD RAISIN COOKIE Fruit, Milk or juice	3. ROAST TURKEY WISCONSIN CHEDDAR ON WHEAT KAISER LETTUCE & TOMATO PEA SALAD Fruit, Milk or juice	4. LEMON BASIL CHICKEN GARDEN VEGETABLES CORN & BLACK BEAN SALAD MULTI - GRAIN DINNER ROLL APPLE SAUCE Milk or juice	5. VEAL PARMESAN PENNE PASTA W/ MARINARA SAUCE BROCCOLI WHEAT VIENNA BREAD FRESH MELON Milk or juice
8. CHICKEN ALA ORANGE VEGETABLE RICE PILAF NORTHERN BEANS BRAN MUFFIN BREAD Fruit, Milk or juice	9. FRENCH DIP OF BEEF W/ MUSHROOMS & ONIONS OVEN FRIES & CORN WHEAT FRENCH ROLL WHOLE APPLE Milk or juice	10. CLASSIC LASAGNA W/MEAT SAUCE SQUASH MEDLEY ITALIAN GREEN BEANS WHOLE WHEAT BREAD Fruit, Milk or juice	11. SURIMI CRAB SALAD TOMATO WEDGES DILLED CUCUMBERS APPLE CINNAMON MUFFIN FRUIT CUP Milk or juice	12.HOT DOG TWICE BAKE POTATO CASSEROLE PEAS & CARROTS WHEAT HOT DOG BUN BANANA Milk or juice
15. BBQ RIBLET SWEET POTATO MASHED CHEF'S VEGETABLE WHEAT SANDWICH BUN STRAWBERRY YOGURT Milk or juice	16. HAMBURGER BEAN CASSEROLE MIXED VEGETABLE WHEAT SANDWICH BUN FRUIT SUNBURST Milk or juice	17.BLT CHICKEN SALAD, MIXED SALAD GREENS W/TOMATO WEDGES TRI-BEAN SALAD CORNBREAD MANDARIN ORANGES Milk or juice	18. SPAGHETTI & MEATBALLS W/ MARINARA SAUCE CAPRI BLEND VEGETABLES WHEAT VIENNA BREAD CHILLED PEARS Milk or juice	19. HERBED BAKED CHICKEN MASHED POTATOES/ GRAVY GREEN BEAN CASSEROLE BRAN MUFFIN BREAD Fruit, Milk or juice
22.BAKED MEATLOAF W/ COUNTRY GRAVY MASHED POTATOES STEWED TOMATOES WHOLE WHEAT BREAD WHOLE ORANGE Milk or juice	23. BISCUIT & GRAVY EGG BAKE DICED HASH BROWNS APPLE COBBLER JUICE BANANA Milk or juice	24. SLOW ROASTED BEEF AU GRATIN POTATOES CARROTS & CHIVES MULTI - GRAIN DINNER ROLL MIXED FRUIT Milk or juice	25. ASIAN GLAZED CHICKEN CITRUS BROWN RICE BROCCOLI MULTI-GRAIN BREAD MANDARIN ORANGE JELLO FORTUNE COOKIE Fruit, Milk or juice	926 TURKEY PASTA SALAD W/SHELL RIGATE LETTUCE/ TOMATO TRI-BEAN SALAD WHOLE WHEAT BREAD PINEAPPLE TID BITS Milk or juice
29. PRIME RIB OF PORK BAKED POTATO PARSLIED CAULIFLOWER RYE BREAD MIXED FRUIT Milk or juice	30. ITALIAN SAUSAGE/MARINARA SCALLOPED POTATOES BRUSSELS SPROUTS HEAT SAUSAGE BUN FRESH MELON Milk or juice		Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of the employment in the programs or activities in the compliance with the Illinois Human Rights Act: the U.S. Civil Rights Act: Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department of Aging. For information, call 1-800-252-8966 [voice & TDD] or contact the Director of Personnel at [312] 207-5444.	

Menu subject to change due to availability of items. For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal when it is delivered: RE-FRIGERATE IT RIGHT AWAY!! Do not leave it sitting out!!! Remove meal from the freezer and follow the cooking instructions provided. If it has been refrigerated, it will not take as long. This menu is subject to change.

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