

# APRIL 2024

Brookfield Colgrass Café  
9022 31st Street  
Brookfield, IL 60513

Café Manager: Tanya Harrison  
708-310-4434 ext 4  
Suggested donation: \$3.00

Hours: Monday Through Friday, 11:00am to 2:00pm

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Meatball Marinara Sub Potatoes Italiano Italian Green Beans Wheat French Roll Orange	<b>2</b> <b>Deli Bar</b> Pulled Pork Sandwich w/ Mango BBQ Sauce Cream of Mushroom & Barley Tossed Garden Salad Potato Salad, Mixed Fruit	<b>3</b> Roasted Turkey & Cheddar on a Wheat Kaiser Roll Lettuce & Tomato Pea Salad Pineapple Tidbits	<b>4</b> <b>Deli Bar</b> Quiche Lorraine Fire Roasted Tomato Soup Tossed Garden Salad Beet Salad Cottage Cheese, Banana	<b>5</b> Veal Parmesan Penne Pasta w/ Marinara Broccoli Wheat Vienna Bread Fresh Melon
<b>8</b> Chicken A L'Orange Vegetable Pilaf Northern Beans Bran Muffin Bread Chilled Peaches	<b>9</b> <b>Deli Bar</b> Corn Dusted Flounder w/ Lemon Aioli Broccoli Cheddar Soup Tossed Garden Salad Coleslaw, Diced Melon	<b>10</b> Classic Lasagna w/ Meat Sauce Squash Medley Italian Green Beans Whole Wheat Bread Chilled Pears	<b>11</b> <b>Deli Bar</b> Roast Beef w/ Beer Cheese Fondue Lumberjack Soup Tossed Garden Salad Dilled Cucumbers Cottage Cheese, Apple Crisp	<b>12</b> Hot Dog Twice Baked Potato Peas & Carrots Wheat Bun Banana
<b>15</b> BBQ Riblet Sandwich Sweet Mashed Potatoes Chef's Vegetables Wheat Bun Strawberry Yogurt	<b>16</b> <b>Deli Bar</b> Cheeseburger Tomato Florentine Soup Tossed Garden Salad Macaroni Salad Cottage Cheese, Fruit Sunburst	<b>17</b> <b>Ice Cream Social \$2</b> BLT Chicken Salad Mixed Greens w Tomato Wedge Tri Bean Salad, Corn Bread Mandarin Oranges	<b>18</b> <b>Deli Bar</b> Deviled Egg Salad on a Roll Cream of Potato Soup Tossed Garden Salad Broccoli Salad Cottage Cheese, Sliced Pears	<b>19</b> Herbed Baked Chicken Mashed Potatoes & Gravy Green Bean Casserole Bran Muffin Bread Whole Apple
<b>22</b> Baked Meatloaf w/ Gravy Mashed Potatoes Stewed Tomatoes Whole Wheat Bread Orange	<b>23</b> Biscuit & Gravy w/ Eggs Diced Hash Brown Apple Cobbler Juice Banana	<b>24</b> <b>Sip &amp; Paint</b> Slow Roasted Beef Au Gratin Potatoes Carrots & Chives Mixed Fruit	<b>25</b> <b>Deli Bar</b> Chicago Style Hot Dog White Bean Soup Tossed Garden Salad Ginger Broccoli Salad Cottage Cheese, Orange Jello	<b>26</b> <b>April Birthday Celebration!</b> Turkey Pasta Salad Lettuce & Tomato Tri Bean Salad, Wheat Bread Pineapple Tidbits
<b>29</b> Prime Rib of Pork Baked Potato Parslied Cauliflower Rye Bread Mixed Fruit	<b>30</b> <b>Deli Bar</b> <b>Oral Health Presentation</b> Italian Sausage Bean Soup, Garden Salad Carrot Raisin Salad Cottage Cheese, Diced Melon			If you cannot eat your meal when it is delivered, <b>REFRIGERATE IT RIGHT AWAY!</b> Please don't leave food sitting out! Milk served with each meal

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S.Civil Rights act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 or contact the Director of Personnel at (312)207-5290.

# APRIL 2024 ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>1</p>	<p>2</p>	 <p>3</p>	<p>4</p>	 <p>5</p>
 <p>8</p>	 <p>9</p>	<p>10</p>	 <p>11</p>	<p>12</p>
<p>15</p>	<p>16</p>	 <p>17</p>	<p>18</p>	<p>19</p>
 <p>22</p>	<p>23</p>	 <p>24</p>	 <p>25</p>	 <p>26</p>
<p>Join us for a fun Sing - A- Long!!</p>  <p>29</p>	<p>The Oral Health Forum</p>  <p>30</p>			

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