


APRIL 2024

Brookfield Colgrass Café
9022 31st Street
Brookfield, IL 60513

Café Manager: Tanya Harrison
708-310-4434 ext 4
Suggested donation: \$3.00

Hours: Monday Through Friday, 11:00am to 2:00pm

Monday	Tuesday	Wednesday	Thursday	Friday
1 Meatball Marinara Sub Potatoes Italiano Italian Green Beans Wheat French Roll Orange	2 Salisbury Steak Mashed Potatoes w gravy Cabbage & Carrots Multi Grain Bread Oatmeal Raisin Cookie	3 Roasted Turkey & Cheddar on a Wheat Kaiser Roll Lettuce & Tomato Pea Salad Pineapple Tidbits	4 Lemon Basil Chicken Garden Vegetables Corn & Black Beans Multi Grain Dinner Roll Applesauce & Banana	5 Veal Parmesan Penne Pasta w/ Marinara Broccoli Wheat Vienna Bread Fresh Melon
8 Chicken A L'Orange Vegetable Pilaf Northern Beans Bran Muffin Bread Chilled Peaches	9 French Dip of Beef w Mushroom & Onions Oven Fries Corn & Apple Wheat French Roll	10 Classic Lasagna w/ Meat Sauce Squash Medley Italian Green Beans Whole Wheat Bread Chilled Pears	11 Surimi Crab Salad Mixed Salad Greens w Tomato Wedges Dilled Cucumbers Muffin & Fruit Cup	12 Hot Dog Twice Baked Potato Peas & Carrots Wheat Bun Banana
15 BBQ Riblet Sandwich Sweet Mashed Potatoes Chef's Vegetables Wheat Bun Strawberry Yogurt	16 Hamburger w Bun Bean Casserole Mixed vegetables Fruit Sunburst Fresh Melon	17 BLT Chicken Salad Mixed Greens w Tomato Wedge Tri Bean Salad, Corn Bread Mandarin Oranges	18 Spaghetti & Meatballs Capri Blend Vegetables Wheat Vienna Bread Chilled Pears	19 Herbed Baked Chicken Mashed Potatoes & Gravy Green Bean Casserole Bran Muffin Bread Whole Apple
22 Baked Meatloaf w/ Gravy Mashed Potatoes Stewed Tomatoes Whole Wheat Bread Orange	23 Eggs Biscuit & Gravy Diced Hash Browns Apple Cobbler Juice & Banana	24 Slow Roasted Beef Au Gratin Potatoes Carrots & Chives Mixed Fruit	25 Asian Glazed Chicken Citrus Brown Rice Broccoli Multi Grain Bread Mandarin Orange Jello & Fortune Cookie	26 Turkey Pasta Salad Lettuce & Tomato Tri Bean Salad, Wheat Bread Pineapple Tidbits
29 Prime Rib of Pork Baked Potato Parslied Cauliflower Rye Bread Mixed Fruit	30 Italian Sausage w Marinara Sauce Scalloped Potatoes Wheat Sausage Bun Juice & Fresh Melon			If you cannot eat your meal when it is delivered, REFRIGERATE IT RIGHT AWAY! Please don't leave food sitting out! Milk served with each meal

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S.Civil Rights act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 or contact the Director of Personnel at (312)207-5290.