

New Lenox Township Community Cafe

1090 S Cedar Road  
New Lenox, IL 60451

CNN Café Manager: Megan Murray



# March 2024

## Community Nutrition Network & Senior Services Association

Days: Monday -Friday



Times: 11:00 AM-12:00 PM

Phone: (815) 351-6954

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

For your



safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY!

Do not leave it sitting out. Please be safe. Each meal served with fat-free or skim milk.



**1** Baked Pollock W/ Lemon Butter Sauce  
Baked Potato  
Calif Blend Veggies  
Wheat Bread  
Vanilla Mandarin Pudding

**4** Slow Roasted Beef/Gravy  
Mashed Potatoes  
Brussel Sprouts  
Multi-Grain Bread  
Chilled Pears  
Cookie

**5** Turkey Pot Roast /Gravy  
Baked Potato  
Peas & Carrots  
Multi-Grain Bread  
Chef's Fruit  
Banana

**6** Spaghetti & Meatball  
Marinara  
Broccoli  
Wheat Vienna  
Chilled Peaches

**7** Chicken Tenders/ Country Gravy  
Bread Stuffing  
Sweet Potato Mashed  
Northern Bean & Tomato Mix  
Cran Applesauce  
Pea Salad

**8** Surimi Crab Alfredo  
Penne Pasta  
Zucchini W/ Red Peppers & Onions  
Chef's Veggie  
Dinner Roll  
Fruit Cup

**11** Baked Meatloaf w/ Country Gravy  
Cauliflower Mashed Potatoes  
Mixed Veggies  
Wheat Roll  
Pineapple Tidbits

**12** BBQ Pulled Pork  
Oven Fries  
Carrot Raisin Salad  
Wheat Sandwich Bun  
Warm Apple Crumble  
Chef's Choice

**13** Maple Mustard Glazed Chicken Thigh  
Scalloped Potatoes  
Baked Bean Casserole  
Wheat Bread  
Fruit Jell-O

**14** Irish Stew W/ Peas, Onions, Carrots And Celery  
Irish Potatoes  
Steamed Cabbage  
Dinner Roll  
Leprechaun Pistachio Pudding

**15** Cheese Omelette  
Hash Browned Potatoes  
Wheat Biscuit  
Apple Juice  
Fruit Yogurt  
Fresh Orange

**18** Roast Pork & Gravy  
Au Gratin Potatoes  
Peas & Carrots  
Wheat Bread  
Whole Apple

**19** Cheddar Broccoli Chicken  
Rice Casserole  
Cauliflower  
Wheat Roll  
Warm Pear Crumble  
Pea Salad

**20** Salisbury Steak /Gravy  
Mashed Potatoes  
Corn  
Multi-Grain Roll  
Pineapple Tidbits

**21** Hotdog  
Oven Fries  
Bean Casserole  
Wheat Hotdog Bun  
Banana  
Fresh Melon

**22** Classic Lasagna W/ Marinara  
Broccoli  
Chef's Choice Veggies  
Wheat Bread  
Oatmeal Raisin Cookie

<b>25</b> Roast Turkey & Gravy Baked Sweet Potatoes Mixed Vegetables Bread Stuffing Chef's Fruit	<b>26</b> Spaghetti & Meatball Marinara Mixed Salad Greens Multi-Grain Bread Warm Peach Cobbler Fruit Cup	<b>27</b> Shaved Pork W/ Mediterranean Sauce Scalloped Potatoes Brussel Sprouts Multi-Grain Bread Apple Sauce	<b>28</b> Baked Chicken & Gravy Mashed Potatoes Cauliflower /Red Peppers Wheat Bread Mandarin Oranges	<b>29</b> Citrus Alaskan Pollock Veggie Rice Pilaf Country Blend Veggies Multi-Grain Roll Chick Pea Salad Fresh Melon
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**Menu subject to change due to availability of items.** Funding in in part is provided by AgeGuide

Suggested Lunch Donation: \$4.00

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