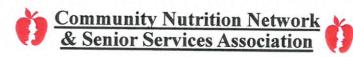
Days: Mondays-Fridays Times: 7:00am-1:00pm Phone: 630-553-2316



March 2024

Nutrition Director/Louise Maritato

Monday	Tuesday	Wednesday	Thursday	Friday
For your safety, if you cannot finish your meal, or you're not ready to eat your meal at delivery time, refrigerate Immediate Suggested Donation \$3.75	Remove meal from the freezer or refrigerator Punch a few holes in the clear cover with a fork. Leave the cover on the food. Set microwave to defrost for 2-4 minutes, then full power for 3-5 minutes. If it has been refrigerated, it will not take as lon			1 Baked Pollock w/Lemon Butter Sauce, Baked Potato, California Blend, Wheat Bread, Vanilla Mandarin Pudding, Milk
Slow Roasted Beef/Gravy, Mashed Potatoes, Brussel Sprouts, Multi Grain Bread, Chilled Pears, Cookie, Milk	Turkey Pot Roast/Gravy, Baked Potato, Peas & Carrots, Multi Grain Bread, Chef's Fruit, Milk	6 Spaghetti & Meatballs Marinara, Broccoli, Wheat Vienna, Chilled Peaches, Milk	7 Chicken Tenders in Country Chicken Gravy, Bread Pudding, Sweet Potato Mashed, Northern Bean & To- mato Medley, Cran Applesauce, Milk	8 Surmi Crab Alfredo, Penne Pasta, Zucchini w/ Red Peppers & Onions, Chef's Choice Vegetable, Multi Grain Dinner Roll, Fruit Cup, Milk
Baked Meatloaf w/ Country Gravy, Cauliflower Mashed Potatoes, Mixed Vegetables, Whole Wheat Roll, Pineapple Tid Bits, Milk	12 BBQ Pulled Pork, Oven Fries, Carrot Raisin Salad, Wheat Sandwich Bun, Warm Apple Crumble, Milk	13 Chicken Maple Glazed Chicken Thigh, Scalloped Potatoes, Baked Bean Casserole, Wheat Bread, Fruit Jell-O, Milk	Irish Stew w/ Peas, Onions & Celery, Whole Irish Potatoes, Steamed Cabbage, Dinner Roll, Leprechaun Pistachio Pudding, Milk	Cheese Omelet Hash Browned Potatoes Whole Wheat Biscuit Apple Juice, Fruit Yogurt, Fresh Orange, Milk
18 Roast Pork & Gravy, Au Gratin Potatoes, Peas & Carrots, Wheat Bread, Whole, Apple, Milk	19 Cheddar Broccoli Chicken Rice Casserole, Cauliflower, Whole Wheat Roll, Warm Pear and Cranberry Crumble, Milk	20 Salisbury Steak/Gravy, Mashed Potatoes, Corn, Multi Grain Dinner Roll, Pineapple Tidbits, Milk	21 Hot Dog, Oven Fries, Bean Casserole, Wheat Hot Dog Bun, Banana, Milk	Classic Lasagna w/ Marinara, Broccoli, Chef's Choice Vegetable, Wheat Bread, Oatmeal Raisin Cookie, Milk
25 Roast Turkey & Gravy, Baked Sweet Potatoes, Mixed Vegetables, Bread Stuffing, Chef's Fruit, Milk Menu subject to change due to availabil	26 Spaghetti & Meatball Marinara, Mixed Salad Greens, Multi Grain Bread, Warm Peach Cobbler, Milk	27 Shaved Pork w/ Mediterranean Sauce, Scalloped Potatoes, Brussel Sprouts, Multi Grain Bread, Apple Sauce, Milk	28 Baked Chicken & Gravy, Mashed Potatoes, Cauliflower & Red Peppers, Wheat Bread, Mandarin Oranges, Milk	Closed for Good Friday