

**CNN Home Delivered
Meal Program
1700 Newton Place
Morris, IL 60450**

March 2024

*Days: Mondays-Fridays
Times: 8:00am-3:00 pm
Phone: (815)941-1590*

Patty Strahan Nutrition Director



**Community Nutrition Network
& Senior Services Association**

This menu is approved for use by Georgis title IIIC
Nutrition Sites. K. Leicht, RD LDN MBA



Funding in part is
provided by Age Guide
and United Way of
Grundy County

**If you have any questions or
problems please call our office at
1-815-941-1590.**

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of the employment in the programs or activities in the compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department of Aging. For information, call 1-800-252-8966 [voice & TDD] or contact the Director of Personnel at [312] 207-5444. | | | | 1. BAKED POLLOCK W/ LEMON BUTTER SAUCE BAKED POTATO CALIFORNIA BLEND WHEAT BREAD VANILLA MANDARIN PUDDING Milk or Juice |
| 4. SLOW ROASTED BEEF/GRAVY MASHED POTATOES BRUSSELS SPROUTS MULTI GRAIN BREAD CHILLED PEARS COOKIE Milk or Juice | 5. TURKEY POT ROAST/GRAVY BAKED POTATO PEAS & CARROTS MULTI GRAIN BREAD CHEF'S FRUIT Milk or Juice | 6.SPAGHETTI & MEATBALL MARINARA BROCCOLI WHEAT VIENNA CHILLED PEACHES Milk or Juice | 7. CHICKEN TENDERS IN COUNTRY CHICKEN GRAVY, BREAD STUFFING, SWEET POTATO MASHED NORTHERN BEAN & TOMATO MEDLEY CRAN APPLESAUCE Milk or Juice | 8. SURIMI CRAB ALFREDO PENNE PASTA ZUCCHINI W RED PEPPERS & ONIONS CHEF'S CHOICE VEGETABLE MULTI-GRAIN DINNER ROLL FRUIT CUP, Milk or Juice |
| 11. BAKED MEATLOAF W/ COUNTRY GRAVY CAULIFLOWER MASHED POTATOES MIXED VEGETABLES WHOLE WHEAT ROLL PINEAPPLE TID BITS Milk or Juice | 12. BBQ PULLED PORK OVEN FRIES CARROT RAISIN SALAD WHEAT SANDWICH BUN WARM APPLE CRUMBLE Milk or Juice | 13. MAPLE MUSTARD GLAZED CHICKEN THIGH SCALLOPED POTATOES BAKED BEAN CASSEROLE WHEAT BREAD FRUIT JELLO Milk or Juice | 14. IRISH STEW W/PEAS, ONION & CELERY WHOLE IRISH POTATOES STEAMED CABBAGE DINNER ROLL LEPRECHUAN PISTACIO PUDDING Milk or Juice | 15. CHEESE OMELETTE HASH BROWNED POTATOES WHOLE WHEAT BISCUIT APPLE JUICE FRUIT YOGURT FRESH ORANGE Milk or Juice |
| 18. ROAST PORK & GRAVY AU GRATIN POTATOES PEAS & CARROTS WHEAT BREAD WHOLE APPLE Milk or Juice | 19. CHEDDAR BROCCOLI CHICKEN RICE CASSEROLE CAULIFLOWER WHOLE WHEAT ROLL WARM PEAR CRANBERRY CRUMBLE Milk or Juice | 20. SALISBURY STEAK/GRAVY MASHED POTATOES CORN MULTI-GRAIN DINNER ROLL PINEAPPLE TIDBITS Milk or Juice | 21. HOT DOG OVEN FRIES BEAN CASSEROLE WHEAT HOT DOG BUN BANANA Milk or Juice | 22. CLASSIC LASAGNA W/MARINARA SAUCE BROCCOLI CHEF'S CHOICE VEGETABLE WHEAT BREAD OATMEAL RAISIN COOKIE Milk or Juice |
| 25.ROAST TURKEY & GRAVY BAKED SWEET POTATOES MIXED VEGETABLES BREAD STUFFING CHEF'S FRUIT Milk or Juice | 26. SPAGHETTI & MEATBALL MARINARA MIXED SALAD GREENS MULTI GRAIN BREAD WARM PEACH COBBLER Milk or Juice | 27. SHAVED PORK W/ MEDITERRANEAN SAUCE SCALLOPED POTATOES BRUSSELS SPROUTS MULTI GRAIN BREAD APPLE SAUCE Milk or Juice | 28.BAKED CHICKEN & GRAVY MASHED POTATOES CAULIFLOWER &RED PEPPERS WHEAT BREAD MANDARIN ORANGES Milk or Juice | 29. CITRUS ALASKAN POLLOCK VEGETABLE RICE PILAF COUNTRY BLEND VEGETABLE MULTI GRAIN DINNER ROLL CHICK PEA SALAD FRESH MELON Milk or Juice Office Closed for Good Friday |

Menu subject to change due to availability of items. For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal when it is delivered: REFRIGERATE IT RIGHT AWAY!! Do not leave it sitting out!!! Remove meal from the freezer and follow the cooking instructions provided. If it has been refrigerated, it will not take as long. This menu is subject to change.

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