

MARCH 2024

Brookfield Colgrass Café
9022 31st Street
Brookfield, IL 60513

Hours: Monday Through Friday, 11:00am to 2:00pm

Café Manager: Tanya Harrison
708-310-4434 ext 4
Suggested donation: \$3.00

Monday	Tuesday	Wednesday	Thursday	Friday
<p>If you cannot eat your meal when it is delivered, REFRIGERATE IT RIGHT AWAY!</p> <p>Please don't leave food sitting out!</p> <p>Milk served with each meal</p>				<p>1</p> <p>Pollock w/ Lemon Butter Sauce Baked Potato California Blend Vegetables Wheat Bread Vanilla Mandarin Pudding</p>
<p>4</p> <p>Slow Roasted Beef & Gravy Mashed Potatoes Brussel Sprouts Multi Grain Bread Chilled Pears, Cookie</p>	<p>5</p> <p>Deli Bar</p> <p>Meatball Marinara Sub Bean Soup Tossed Garden Salad Cheese Tortellini Pasta Cottage Cheese, Fruit</p>	<p>6</p> <p>Spaghetti & Meatballs Broccoli Wheat Bread Chilled Peaches</p>	<p>7</p> <p>Deli Bar</p> <p>Egg Salad Tomato Florentine Soup Tossed Garden Salad Pea Salad Cottage Cheese, CranApple Sauce</p>	<p>8</p> <p>Surimi Crab Alfredo w/ Penne Zucchini with Red Peppers Chef's Choice Vegetables Multi Grain Bread Applesauce</p>
<p>11</p> <p>Baked Meatloaf with Gravy Cauliflower Mashed Potatoes Mixed Vegetables Whole Wheat Roll Pineapple Tidbits</p>	<p>12</p> <p>BBQ Pulled Pork Oven Fries Carrot Raisin Salad Warm Apple Crumble Chef's Choice Fruit</p>	<p>13</p> <p>Hot Cocoa Social \$2</p> <p>Maple Mustard Chicken Scalloped Potatoes Baked Bean Casserole Wheat Bread, Fruit Jello</p>	<p>14</p> <p>St. Patrick's Day Meal</p> <p>Irish Stew Whole Irish Potatoes Steamed Cabbage Leprechaun Pistacio Pudding</p>	<p>15</p> <p>Cheese Omelette Hashbrown Potatoes Whole Wheat Biscuit Fruit Yogurt Orange, Apple Juice</p>
<p>18</p> <p>Roasted Pork & Gravy Au Gratin Potatoes Peas & Carrots Wheat Bread Whole Apple</p>	<p>19</p> <p>Deli Bar</p> <p>Cheeseburger Tomato Soup Tossed Garden Salad Pea Salad Cottage Cheese, Sliced Pears</p>	<p>20</p> <p>Salisbury Steak & Gravy Mashed Potatoes Corn Multi Grain Dinner Roll Pineapple Tidbits</p>	<p>21</p> <p>Deli Bar</p> <p>Chicago Style Hot Dog Vegetable Lentil Tossed Garden Salad Potato Salad Cottage Cheese, Banana</p>	<p>22</p> <p>March Birthday Celebration!</p> <p>Classic Lasagna with Marinara Broccoli Chef's Choice Vegetables Oatmeal Raisin Cookies</p>
<p>25</p> <p>Roast Turkey & Gravy Baked Sweet Potatoes Mixed Vegetables Bread Stuffing Chef's Fruit</p>	<p>26</p> <p>Deli Bar</p> <p>Stuffed Green Pepper Lumberjack Soup Tossed Garden Salad Cookie, Multi Grain Roll Cottage Cheese, Fruit Cup</p>	<p>27</p> <p>Easter Celebration \$6</p> <p>Beef Stroganoff Roasted Green Beans Sauteed Baby Carrots Garlic Bread Whipped Fruit Dessert</p>	<p>28</p> <p>Deli Bar</p> <p>Tuna Salad Cream of Broccoli Tossed Garden Salad Carrot Raisin, Cottage Cheese Mandarin Oranges</p>	<p>29</p> <p>Citrus Alaskan Pollock Vegetable Rice Pilaf Country Blend Vegetables Chick Pea Salad Fresh Melon</p>

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S.Civil Rights act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 or contact the Director of Personnel at (312)207-5290.

MARCH 2024 ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				8
		HOT COCOA SOCIAL! 	ST. PATRICK'S DAY LUNCH 	15
				March Birthday Celebration!  Join us in celebrating March birthdays!!
	Stress relief coloring 		Join us for a fun Sing - A- Long!! 	

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S.Civil Rights act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 (voice & TDD) or contact the Director of Personnel at (312)207-5290