

**CNN Home Delivered  
Meal Program  
1700 Newton Place  
Morris, IL 60450**

*Patty Strahan Nutrition Director*

**January 2024**

*Days: Mondays-Fridays  
Times: 8:00am-3:00 pm  
Phone: (815)941-1590*



**Community Nutrition Network  
& Senior Services Association**

This menu is approved for use by Georgis title I/IC  
Nutrition Sites. K. Leicht, RD LDN MBA



Funding in part is  
provided by Age Guide  
and United Way of  
Grundy County

**If you have any questions or  
problems please call our office at  
1-815-941-1590.**

Monday	Tuesday	Wednesday	Thursday	Friday
1.  <b>Office Closed Happy New Year!</b>	2. SPAGHETTI & MEATBALL MARINARA MIXED SALAD GREENS MULTI GRAIN BREAD WARM PEACH COBBLER Milk or juice	3. SHAVED PORK W/ MEDITERRANEAN SAUCE SCALLOPED POTATOES BRUSSELS SPROUTS MULTI GRAIN BREAD APPLE SAUCE Milk or juice	4. BAKED CHICKEN & GRAVY MASHED POTATOES CAULIFLOWER & RED PEPPERS WHEAT BREAD MANDARIN ORANGES Milk or juice	5. CITRUS ALASKAN POLLOCK VEGETABLE RICE PILAF COUNTRY BLEND VEGETABLE MULTI GRAIN DINNER ROLL CHICK PEA SALAD FRESH MELON Milk or juice
8. HOT ROAST BEEF MASHED POTATOES/GRAVY PEAS & CARROTS WHEAT BREAD FRESH ORANGE Milk or juice	9. BBQ RIBLET OVEN FRIES BLACK BEANS & CORN WHEAT SANDWICH BUN WHOLE APPLE Milk or juice	10. ROAST TURKEY W/ CHEDDAR ALE SAUCE VEGETABLE RICE PILAF BROCCOLI, BISCUIT CHEF'S FRUIT OATMEAL RAISIN COOKIE Milk or juice	11. WESTERN EGGS HASH BROWNED POTATOES MAPLE GLAZED PEARS RAISIN BREAD CRANBERRY JUICE BANANA Milk or juice	12. CHICKEN BREAST PARMESAN PENNE PASTA / MARINARA SQUASH MEDLEY WHEAT VIENNA CHILLED PEACHES Milk or juice
15.  <b>Office Closed for Martin Luther King Day</b>	16. CHICKEN CHARDONNAY MASHED POTATOES BROCCOLI MULTI GRAIN BREAD FRESH ORANGE GRAMMA'S APPLE BAR Milk or juice	17. TEXAS CHILI MAC & CHEESE COUNTRY BLEND VEGETABLE MULTI GRAIN BREAD FRUIT COCKTAIL Milk or juice	18. VEAL MARSALA SCALLOPED POTATOES STEWED TOMATOES MULTI GRAIN BREAD CHILLED PEARS Milk or juice	19. BAKED POLLOCK W/ LEMON BUTTER SAUCE BAKED POTATO CALIFORNIA BLEND WHEAT BREAD VANILLA MANDARIN PUDDING Milk or juice
22. SLOW ROASTED BEEF/GRAVY MASHED POTATOES BRUSSELS SPROUTS MULTI GRAIN BREAD CHILLED PEARS COOKIE Milk or Juice	23. TURKEY POT ROAST/GRAVY BAKED POTATO PEAS & CARROTS MULTI GRAIN BREAD CHEF'S FRUIT Milk or Juice	24. SPAGHETTI & MEATBALL MARINARA BROCCOLI WHEAT VIENNA CHILLED PEACHES Milk or juice	25. CHICKEN TENDERS IN COUNTRY CHICKEN GRAVY, BREAD STUFFING, SWEET POTATO MASHED NORTHERN BEAN & TOMATO MEDLEY CRAN APPLESAUCE Milk or juice	26. SURIMI CRAB ALFREDO PENNE PASTA ZUCCHINI W RED PEPPERS & ONIONS CHEF'S CHOICE VEGETABLE MULTI-GRAIN DINNER ROLL FRUIT CUP, Milk or juice
29. BAKED MEATLOAF W/ COUNTRY GRAVY CAULIFLOWER MASHED POTATOES MIXED VEGETABLES WHOLE WHEAT ROLL PINEAPPLE TID BITS	30. CHEDDAR BROCCOLI CHICKEN RICE CASSEROLE CAULIFLOWER WHOLE WHEAT ROLL WARM PEAR CRANBERRY CRUMBLE Milk or juice	31. SALISBURY STEAK/GRAVY MASHED POTATOES CORN MULTI-GRAIN DINNER ROLL PINEAPPLE TIDBITS Milk or Juice	Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of the employment in the programs or activities in the compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department of Aging. For information, call 1-800-252-8966 [voice & TDD] or contact the Director of Personnel at [312] 207-5444.	

**Menu subject to change due to availability of items.** For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal when it is delivered: REFRIGERATE IT RIGHT AWAY!! Do not leave it sitting out!!! Remove meal from the freezer and follow the cooking instructions provided. If it has been refrigerated, it will not take as long. This menu is subject to change.

**Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of the employment in the programs or activities in the compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department of Aging. For information, call 1-800-252-8966 [voice & TDD] or contact the Director of Personnel at [312] 207-5444.**

**If you have any questions or problems please call our office at 1-815-941-1590.**