

**CNN Home Delivered
Meal Program
1700 Newton Place
Morris, IL 60450**

December 2023

*Days: Mondays-Fridays
Times: 8:00am-3:00 pm
Phone: (815)941-1590*

Patty Strahan Nutrition Director



**Community Nutrition Network
& Senior Services Association**

This menu is approved for use by Georgis title III C Nutrition Sites. K. Leicht, RD LDN MBA



Funding in part is provided by Age Guide and United Way of Grundy County



If you have any questions or problems please call our office at 1-815-941-1590.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of the employment in the programs or activities in the compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department of Aging. For information, call 1-800-252-8966 [voice & TDD] or contact the Director of Personnel at [312] 207-5444.</p> <p>4. SLICED BAVARIAN STYLE BRAT-WURST DICED PARSLIED POTATOES CARROTS RYE BREAD FRESH MELON Milk or juice</p>	<p>5. CHICKEN CHARDONNAY MASHED POTATOES BROCCOLI MULTI GRAIN BREAD FRESH ORANGE GRAMMA'S APPLE BAR Milk or juice</p>	<p>6. TEXAS CHILI MAC & CHEESE COUNTRY BLEND VEGETABLE MULTI GRAIN BREAD FRUIT COCKTAIL Milk or juice</p>	<p>7. VEAL MARSALA SCALLOPED POTATOES STEWED TOMATOES MULTI GRAIN BREAD CHILLED PEARS Milk or juice</p>	<p>8. BAKED POLLOCK W/ LEMON BUTTER SAUCE BAKED POTATO CALIFORNIA BLEND WHEAT BREAD VANILLA MANDARIN PUDDING Milk or juice</p>
<p>11. SLOW ROASTED BEEF/GRAVY MASHED POTATOES BRUSSELS SPROUTS MULTI GRAIN BREAD CHILLED PEARS COOKIE Milk or Juice</p>	<p>12. TURKEY POT ROAST/GRAVY BAKED POTATO PEAS & CARROTS MULTI GRAIN BREAD CHEF'S FRUIT Milk or Juice</p>	<p>13.SPAGHETTI & MEATBALL MARINARA BROCCOLI WHEAT VIENNA CHILLED PEACHES Milk or juice</p>	<p>14. CHICKEN TENDERS IN COUNTRY CHICKEN GRAVY, BREAD STUFFING, SWEET POTATO MASHED NORTHERN BEAN & TOMATO MEDLEY CRAN APPLESAUCE Milk or juice</p>	<p>15. SURIMI CRAB ALFREDO PENNE PASTA ZUCCHINI W RED PEPPERS & ONIONS CHEF'S CHOICE VEGETABLE MULTI-GRAIN DINNER ROLL FRUIT CUP, Milk or juice</p>
<p>18.BAKED MEATLOAF W/ COUNTRY GRAVY CAULIFLOWER MASHED POTATOES MIXED VEGETABLES WHOLE WHEAT ROLL PINEAPPLE TID BITS Milk or juice</p>	<p>19. BBQ PULLED PORK CARROT RAISIN SALAD WHEAT SANDWICH BUN WARM APPLE CRUMBLE Milk or Juice</p>	<p>20. MAPLE MUSTARD CHICKEN THIGS SCALLOPED POTATOES BAKED BEAN CASSEROLE WHEAT BREAD FRUIT JELLO Milk or juice</p>	<p>21. HOLIDAY MENU BAKED HAM,CRAN RAISIN SAUCE ROASTED DICED POTATOES MIXED VEGETABLES RYE BREAD PIE Milk or Juice</p>	<p>22. SWEDISH MEATBALLS/GRAVY MASHED POTATOES BROCCOLI MULTI GRAIN BREAD FRESH MELON Milk or juice</p>
<p>25. Closed for the Christmas Holiday A Frozen meal will be sent out for this day. Merry Christmas!</p>	<p>26.CHEDDAR BROCCOLI CHICKEN RICE CASSEROLE CAULIFLOWER WHOLE WHEAT ROLL WARM PEAR CRANBERRY CRUMBLE Milk or juice</p>	<p>27.SALISBURY STEAK/GRAVY MASHED POTATOES CORN MULTI-GRAIN DINNER ROLL PINEAPPLE TIDBITS Milk or Juice</p>	<p>28.HOT DOG OVEN FRIES BEAN CASSEROLE WHEAT HOT DOG BUN BANANA Milk or juice</p>	<p>29.CLASSIC LASAGNA W/MEAT SAUCE BROCCOLI CHEF'S CHOICE VEGETABLE WHEAT BREAD OATMEAL RAISIN COOKIE Milk or juice</p>

Menu subject to change due to availability of items. For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal when it is delivered: REFRIGERATE IT RIGHT AWAY!! Do not leave it sitting out!!! Remove meal from the freezer and follow the cooking instructions provided. If it has been refrigerated, it will not take as long. This menu is subject to change.

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