

# Community Nutrition Network & Senior Services Association

Hours: Monday Through Friday, 8:00am to 2:00pm

**PHOENIX Home Delivered**  
650 E Phoenix Center Drive  
Phoenix, IL 60426

Café Manager: Elizabeth Davalos  
(708) 331-2408



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>FOR YOUR SAFTY</b></p> <p>If you cannot eat your meal or if you are not ready to eat your meal when it is delivered, <b>REFRIGERATE IT RIGHT AWAY</b> Do not leave sitting out</p> <p>Each meal is served with fat free OR low fat milk</p>	<p>This is not just another day, this is yet another chance to make your dreams come true.</p>	<p><i>Happy Holidays</i></p> <p>To You</p>		<p>Chicken Breast Parmesan, Penne Pasta, Squash Medley, Wheat Vienna, Chilled Peaches</p>
<p>4</p> <p>Sliced Bavarian Style Bratwurst, Diced Parslied Potatoe, Carrots, Rye Bread, Fresh Melon</p>	<p>5</p> <p>Chicken Chardonnay, Mashed Potatoes Broccoli, Multi Grain Bread, Fresh Orange, Chocolate Pudding</p>	<p>6</p> <p>Texas Chili, Mac &amp; Cheese, Country Blend Vegetables, Multi Grain Bread, Fruit Cup</p>	<p>7</p> <p>Veal Marsala, Scalloped Potatoes, Stewed Tomatoes, Multi Grain Bread, Chilled Pears, Beet Salad</p>	<p>8</p> <p>Baked Pollock W/ Lemon Butter Sauce, Baked Potato, California Blend, Wheat Bread, Vanilla Mandarin Pudding</p>
<p>11</p> <p>Slow Roasted Beef/Gravy, Mashed Pot Brussels Sprouts, Multi Grain Bread, Chilled Pears, Cookie</p>	<p>12</p> <p>Turkey Pot Roast/Gravy, Baked Potato, Peas &amp; Carrots, Multi rain Bread, Banana</p>	<p>13</p> <p>Spaghetti &amp; Meatball Marinara, Broccoli, Wheat Vienna, Chilled Peaches</p>	<p>14</p> <p>Chicken Tender In Country Chicken Chicken Gravy, Bread Stuffing, Sweet Potato Mashed, Nothern Bean &amp; Tomato Medley, Cran Applesauce, Pea Salad</p>	<p>15</p> <p>Surimi Crab Alfredo, Penne Pasta, Zucchini W/ Red Peppers &amp; Onions Multi-Grain Dinner Roll, Fruit Cup</p>
<p>18</p> <p>Baked Meatloaf W/ Country Gravy, Coulflower Mashed Potatoes, Mixed Veggies, Wheat Roll, Pineapple Tid Bite</p>	<p>19</p> <p>BBQ Pulled Pork, Oven Fries, Carrot Raisin Salad, Wheat Sandwich Bun, Warm Apple Crumble</p>	<p>20</p> <p>Maple Mustard Glazed Chicken Thigh Scalloped Potatoes, Baked Bean Cass Wheat Bread, Fruit Jello</p>	<p>21</p> <p>Baked Ham, Cran Raisin Sauce, Roasted Diced Potatoes, Mixed Vegetables, Rye Bread, Dessert</p>	<p>22</p> <p>Swedish Meatballs W/ Gravy, Mashed Potatoes, Broccoli, Multi Grain Bread, Fresh Melon</p>
<p><i>Merry Christmas</i></p> <p>We will be closed: Mon. Dec. 25th Tue. Dec. 26th</p>		<p>27</p> <p>Salisbury Steak Gravy, Mashed Potatoes Corn, Multi-Grain Dinner Roll Pineapple Tidbits</p>	<p>28</p> <p>Hot Dog, Oven Fries, Bean Casserole Wheat Hot Dog Bun, Banana, Fresh Melon</p>	<p>29</p> <p>Classic Lasagna W/ Meat Sauce, Broccoli, Wheat Bread, Oatmeal Raisin Cookie</p>
<p><b>MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF ITEMS</b></p>		<p><b>Donation \$3.25</b></p>		

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 (voice & TDD) or contact the Director of Personnel at (312)207-5290