



DECEMBER 2023

Brookfield Colgrass Café
 9022 31st Street
 Brookfield, IL 60513
 708-310-4434 ext 4

Café Manager: Tanya Harrison

Hours: Monday Through Friday, 11:00am to 2:00pm

Suggested donation: \$3.00

Monday	Tuesday	Wednesday	Thursday	Friday
		If you cannot eat your meal when it is delivered, REFRIGERATE IT RIGHT AWAY! Please don't leave food sitting out! Milk served with each meal		Chicken Breast Parmesan Penne Pasta w/ Marinara Squash Medley Wheat Vienna Roll Chilled Peaches
Sliced Bavarian Style Brat Diced Parslied Potatoes Carrots Rye Bread Fresh Melon	Chicken Chardonnay Mashed Potatoes Broccoli Chocolate Pudding Orange	Texas Chili Macaroni & Cheese Country Blend Vegetable Multi Grain Bread Fruit Cup	Veal Marsala Scalloped Potatoes Stewed Tomatoes Beet Salad Chilled Pears	Pollock w/ Lemon Butter Sauce Baked Potato California Blend Wheat Bread Vanilla Mandarin Pudding
Roasted Beef & Gravy Mashed Potatoes Brussel Sprouts Multi Grain Bread Pears, Cookie	Turkey Pot Roast w/ Gravy Baked Potato Peas & Carrots Multi Grain Bread Banana	Spaghetti & Meatballs Broccoli Wheat Vienna Roll Chilled Peaches	Chicken Tenders in Gravy Bread Stuffing, Pea Salad Mashed Sweet Potatoes Northern Bean Medley Cranberry Applesauce	Surimi Crab Alfredo Zucchini w/ Peppers & Onions Chef's Choice Vegetables Multi Grain Bread Fruit Cup
Baked Meatloaf Cauliflower Mashed Potatoes Mixed Vegetables Whole Wheat Roll Pineapple Tidbits	BBQ Pulled Pork Oven Fries Carrot Raisin Salad Chef's Choice Vegetable Warm Apple Crumble	Maple Mustard Glazed Chicken Scalloped Potatoes Baked Bean Casserole Wheat Bread Fruit Jello	Baked Ham Cranberry Raisin Sauce Roasted Diced Potatoes Mixed Vegetables Dessert	Swedish Meatballs with Gravy Mashed Potatoes Broccoli Multi Grain Bread Fresh Melon
	Chicken, Broccoli & Rice Casserole w/ Cheese Cauliflower, Pea Salad Whole Wheat Roll Pear & Cranberry Crumble	Salisbury Steak w/ Gravy Mashed Potatoes Corn Multi Grain Dinner Roll Pineapple Tidbits	Chicago Style Hot Dog Oven Fries Bean Casserole Wheat Hot Dog Bun Banana, Fresh Melon	Lasagna w/ Meat Sauce Broccoli Wheat Bread Oatmeal Raisin Cookie

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S.Civil Rights act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 or contact the Director of Personnel at (312)207-5290.