







These menus are approved for use by title IIIC Nutrition Programs. K. Leicht, RD LDN MBA

815-941-1590

COMMUNITY NUTRITION NETWORK

Monday		Tuesday		Wednesday		Thursday		FRIDAY	
SARATOGA TOWERS	3		4	SARATOGA TOWER	5	WHISTLE STOP	6	SARATOGA TOWER	7
Office open 8AM-11AM to register for or reload Chop Shop Cards or aquire "Great Plates" Coupons		Office Closed Happy 4th		Hot Dog on Bun, Chips BBQ Baked Beans, Tossed Salad, Slice Watermelon, Dessert, Milk  Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$7.00		Open for Great Plates 7 days a week During their regular business hours		Pulled Pork on Bun, Roasted Potatoes, Tossed Salad, Baked Beans, Fruit, Dessert, Milk Lunch 11:00 Suggested Donation \$4.00	
COAL CITY	10	SARATOGA TOWERS	11	SARATOGA TOWER	12	WHISTLE STOP	13	SARATOGA TOWER	14
Chopped Steak W/Grilled Onions, Mashed Potatoes w/Gravy, Peas, Tossed Salad, Rolls & Butter, Fruit, Dessert, Milk Lunch 12:00 Bingo to Follow Suggested Donation \$7.00		Office open 8AM-11AM to register for or reload Chop Shop Cards or aquire "Great Plates" Coupons		Italian Sausage w/Peppers & Onions, Linguini w/cheese and Marinara, Tossed Salad, Green Beans, Peaches, Garlic Bread, Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust  Suggested Donation \$7.00		Open for Great Plates 7 days a week During their regular business hours		Corned Beef Hash w/ potatoes, Baked Egg Casserole/Onion, peppers, Broccoli, Breakfast Rolls & Butter, Fruit, Dessert, Milk Lunch 11:00 Suggested Donation \$4.00	
	17	MAZON	18	SARATOGA TOWER	19	COAL CITY	20	SARATOGA TOWER	21
		Meatloaf, Mashed Potatoes & Gravy, Normandy Vegetables, Rolls & Butter, Tossed Salad, Dessert, Milk Euchre at 10:30 Lunch 12:00 Bingo to Follow Suggested Donation \$7.00		Pork Chop Suey w/Rice, Oriental Vegetables, Dinner Rolls & Butter, Pears, Dessert, Milk  Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$7.00		Oven Baked Fried Chicken Mashed Potatoes w/Gravy, Corn, Pasta Salad, Bread & Butter, Fruit, Dessert, Milk Bingo 10:30 Lunch 12:00 Suggested Donation \$7.00		Chicken Parmesan & Baked Mastacoli W/Marinara, Green Beans, Tossed Salad, Garlic Bread, Fruit, Dessert, Milk Lunch 11:00 Suggested Donation \$4.00	
MINOOKA	24	R PLACE	25	SARATOGA TOWER	26		27	SARATOGA TOWER	28
Chicken and Dumplings, Mashed Potatoes W/Gravy, Mixed Vegetables, Tossed Salad, Fruit, Dessert, Milk Lunch 12:00 Bingo to Follow Suggested Donation \$7.00		Open for Great Plates 7 days a week During their regular business hours		Swedish Meatballs, Mashed Potatoes, Peas, Tossed Salad, Peaches, Rolls & Butter, Dessert, Milk  Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$7.00				Birthday Party Beef Burrito or Chicken Fajita Taco, Black Beans & Spanish Rice Tossed Salad, Fruit Dessert, Milk Lunch 11:00 Suggested Donation \$4.00	
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Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of the employment in the programs or activities in the compliance with the Illinois Human Rights Act: the U.S. Civil Rights Act: Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department of Aging. For information, call 1-800-252-8966 [voice & TDD] or contact the Director of Personnel at [312] 207-5444.						Funding in part is provided by Northeastern Illinois Area on Aging and United Way of Grundy County			

Saratoga Towers Café serves meals daily at 11:30, open to public 60+ For your safety if you cannot eat all of your meal Refrigerate it right away!! Be safe! Please call 815-941-1590 to make or change a reservation. When you leave a message be assured we will follow through. Menu Subject to change due to availability of items. Thank You