

Community Nutrition Network & Senior Services Association

PHOENIX CAFÉ








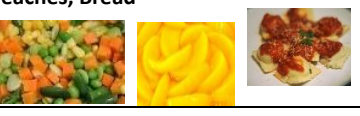






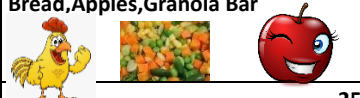









650 E Phoenix Center Drive
Phoenix, IL 60426



Hours: Monday Through Friday 8:00am to 2:00pm



Café Manager: Elizabeth Davalos
(708) 331-2408

Monday	Tuesday	Wednesday	Thursday	Friday
<p>For Your Safty,If you can not eat all of your meal or if you are not ready to eat your meal,REFRIGERATE IT RIGHT AWAY! Do not leave it sitting out. Please be safe.Each meal served with fat free OR low fat milk</p> 	<p>HAPPY 4th of July</p> 			<p>Chicken Sandwich,Potato Wedges, Green Beans,Fruit Cocktail,Bun</p> 
<p>WE'RE CLOSED 4TH OF JULY WE WILL REOPEN TOMORROW AT NORMAL TIME</p> <p>HAPPY 4th of JULY</p> 	<p>5 Stuffed Green Peppers,White Rice, Green Beans,Jell-O,Bread & Butter</p> 	<p>6 Breaded Pork Chop,Whipped Potatoes W/Gravy,Cauliflower,Salad, Bread & Butter</p> 	<p>7 Cheese Ravioli,Meatballs,Mixed Veggie Peaches, Bread</p> 	<p>8 Chinese Pepper Steak W/Veggies, White Rice,Mandarin Oranges,Bread & Butter</p> 
<p>11 Bone-In Grilled Chicken,Butter Egg Noodles,Corn,Beet Salad,Bread</p> 	<p>12 Salisbury Steak,Whipped Potatoes W/ Gravy,Corn,Jell-O, Bread & Butter</p> 	<p>13 Cheeseburger,Baked Beans,Pickle Macaroni Salad,Chocolate Pudding,Bu Ketchup & Mustard</p> 	<p>14 Mostaccioli,Meatballs,Green Beans, Salad,Fsesh Fruit,Bread & Butter</p> 	<p>15 BBQ Pulled Pork,Potato Salad, Cole Slaw,Fresh Fruit,Bun</p> 
<p>18 Bone-In Grecian Chicken/Lemon/Her Mixed Veggies,Diced Potatoes,8 Grain Bread,Apples,Granola Bar</p> 	<p>19 Beef Tacos/Flour Tortilla,OR Lemon Pepper WhiteFish,Spanish Rice,Corn, Peaches,Black Bean Salad</p> 	<p>20 Sweet Sour Meatballs,Rice,Carrots, Coleslaw,Wheat Roll,Pineapple</p> 	<p>21 Roast Pork W/Gravy,Mashed Potato, Peas & Carrots,Sourdough Roll, Pears & Cookie</p> 	<p>22 Italian Sausage W/Red Sauce,Spaghetti Marinara Sauce,Green Beans.Broccoli Salad,Fruit Salad,Bun</p> 
<p>25 Bratwurst,Diced Potatoes,Corn, Fruit Cocktail,Mutard & Bun</p> 	<p>26 Stroganoff Meatballs,Pasta W/Sauce, Mixed Veggies,French Bread,Peaches</p> 	<p>27 Ham Steak W/Pineapples Sauce, Scalloped Potatoes,Corn,Muffin,Pears</p> 	<p>28 Bone-In Chicken W/Mushroom Sauce, Carrots,Rice,3 Bean Salad,Multigrain Roll,Oranges</p> 	<p>29 Turkey Tetrzinni,OR WHITE FISH W/ Dill Sauce,Noodles,Mixed Veggies, Bean Salad,Tropical Fruit, Roll</p> 

MENU SUBJECT TO CHANGE DUE TO AVAILIBTY OF ITEMS

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as adn Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S.Civil Rights act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 (voice & TDD) or contact the Director of Personnel at (312)207-5290

Donation \$3.00