

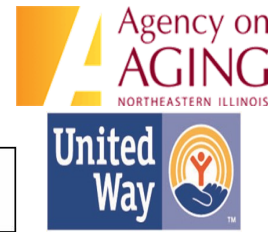
**CNN Home Delivered
Meal Program
1700 Newton Place
Morris, IL 60450**

March 2020

*Days: Mondays-Fridays
Times: 8:00am-3:30 pm
Phone: (815)941-1590*



**Community Nutrition Network
& Senior Services Association**



Funding in part is provided by North-eastern Illinois Area Agency on Aging and United Way of Grundy County

Patty Strahan Nutrition Director

This menu is approved for use by Georgis title IIIIC Nutrition Sites. K. Leicht, RD LDN MBA

Monday	Tuesday	Wednesday	Thursday	Friday
2. 3 oz luau pork, 1/2 c sweet potato puffs, 1/2 c mixed vegetables, 1/2 c mandarin oranges, 1.25 oz Hawaiian roll w/ margarine, cookie	3. 3 oz oriental chicken, 1/2 c peas, 1/2 c Asian rice, 1/2 c Asian coleslaw, wheat roll w/ margarine, 1/2 c pineapple	4. 3 oz stuffed pepper w/sauce, 1/2 c garlic potato, 1/2 c carrots/ dill butter, muffin, apple	5. 3 oz meatballs and vodka sauce, 1/2 c pasta, 1/2 c green beans, 1/2 c fruit juice, sour dough roll/margarine, 1/2 c applesauce	6. 3 oz chicken corn chowder casserole, 1/2 c rotini pasta, 1/2 c mixed vegetables, French bread w/margarine, 1/2 c coleslaw, 1/2 c peaches
9. 3 oz baked ham/sweet sour glaze, 1/2 c sweet potato puffs, 1/2 c Peas & carrots, 1/2 c pears, 1.2oz granola bar, rye bread w/butter	10. 3 oz taco beef, 1/2 c fiesta rice, 1/2 c refried beans, flour tortilla, 1/2 c corn salad, med oranges	11. 3 oz chicken divan, 1/2 c peas, 1/2 c diced red potato, wheat roll and butter, 1/2 c fruit juice, 1/2 c fruit salad	12. 3oz German style roast pork with German mushroom gravy, 1/2 c dilled carrots, 1/2 c potato pancake, multi grain roll and margarine, 1/2 c sliced apples	13. 3oz chicken Italiano w/red sauce, 1/2 c pasta, French bread and margarine, 1/2 c Green beans, whole pear, 1/2 c juice
16. 3 oz Maxwell Street Smoked polish sausage on wheat bun and mustard packet, 1/2 c potato salad, 1/2 c baked beans, 1/2 c pineapple	17. 3 oz breaded steak w/country gravy, 1/2 c mashed potato, 1/2 c peas & pearl onions, 1/2 c fruit cocktail, roll w/margarine apple	18. 3 oz Mexican chicken, 1/2 c Mexican beans, 1/2 c fiesta rice, 1/2 c corn salad, flour tortilla, 1/2 c peaches	19. 3 oz Italian sausage w/red sauce, 1/2 c peas, 1/2 c pasta, 1/2 c apples, 1/2 c broccoli salad, wheat bun	20. 3 oz Turkey ala King, 1/2 c mashed potatoes, 1/2 c mixed vegetables, muffin, 1/2 c tropical fruit salad
23 3 oz stuffed cabbage rolls, 1/2 c scalloped potatoes, 1/2 c corn, 1 oz Wheat roll w/butter, banana, cookie	24. 3 oz prime rib w/au jus, 1/2 c Au gratin potato, 1/2 c green beans, multi grain roll/ margarine, 1/2 c peaches	25. 3 oz bone in lemon chicken, 1/2 c rice, 1/2 c mixed vegetables, 1/2 c fruit cocktail, 1/2 c pea salad, muffin	26. 3 oz southern chicken w/ country gravy, 1/2 c mashed potatoes, 1/2 c corn, roll w/ margarine, 1/2 c fruit salad, oatmeal bar	27. 3 oz luau pork, 1/2 c sweet potato puffs, 1/2 c mixed vegetables, 1/2 c mandarin oranges, 1.25 oz Hawaiian roll w/ margarine, cookie
30. 3oz chicken & sausage jambalaya, 1/2 c rice, 1/2 c red beans, 1/2 c veggie salad, cornbread/margarine, 1/2 c pineapple	31. 3 oz stuffed pepper w/ sauce, 1/2 c garlic potato, 1/2 c carrots/dill butter, muffin, apple	<p><small>Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of the employment in the programs or activities in the compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department of Aging. For information, call 1-800-252-8966 [voice & TDD] or contact the Director of Personnel at [312] 207-5444.</small></p>		
<p>Menu subject to change due to availability of items. For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal when it is delivered: REFRIGERATE IT RIGHT AWAY!! Do not leave it sitting out!!! Remove meal from the freezer and follow the cooking instructions provided. If it has been refrigerated, it will not take as long.</p>				