



Monday	Tuesday	Wednesday	Thursday	Friday
2. Slowed Roasted Beef w/ Gravy Mashed Potatoes Brussels Sprouts Multi-Grain Bread Chilled Pears Cookie	3. Scrambled Eggs Hash Browned Potatoes Biscuit Orange Juice Banana Fresh Melon	4. Spaghetti & Meatball Marinara Broccoli Garlic Bread Chilled Peaches	5. Chicken Tender in chicken gravy Bread stuffing Sweet Potato Mashed Bean and tomato Cranberry applesauce Pea Salad	6. Cheese Ravioli Alfredo Zucchini W/ Red Peppers Dinner Roll Fruit Cup
9. Baked Meatloaf w/ Country Gravy Cauliflower Mashed Potatoes Stewed Tomatoes Whole Wheat Bread Pineapple Tid Bits	10. Fish Sandwich Baked Potato Carrot raisin Salad Wheat Sandwich Bread Warm Peach Crumble	11. BBQ Chicken Thigh Oven Fries Green Beans and Onions Wheat Bread Fruit Jell-O	12. Swedish Meatballs MASHED Potatoes Broccoli Multi grain Bread Fresh Melon	13 Cheese Omelette Refried Beans Biscuit Apple Juice Fruit Yogurt Fresh Melon
16. Pork Roast w/ Cinnamon Apples Au Gratin Potatoes Corn Wheat Bread Pumpkin Bar	17. Irish Stew w/Peas WHOLE Irish Potatoes Steamed Cabbage Dinner Roll Leprechaun Pistacio Pudding	18. Salisbury Steak w/ Gravy Mashed Potatoes Harvard Beets Multi-Grain Dinner Roll Pineapple Tid Bits	19. Hot Dog Oven Fries Bean Casserole Wheat Hot Dog Bun Banana Fresh Melon	20. Classic Lasagna Broccoli Vegetables Wheat Bread Oatmeal Raisin cookie
23. Roast Turkey & Gravy Baked Sweet Potatoes Green Bean Casserole Bread Stuffing Chefs Fruit	24. Shaved Pork Scalloped Potatoes Brussels Sprouts Multigrain Bread Apple Sauce Ambrosia Salad	25. Spaghetti & Meatball Marinara Mixed Salad Greens Wheat Vienna Warm Peach Cobbler	26. Chopped Steak Mashed Potatoes Cauliflower Wheat Bread Mandarin Oranges	27. Citrus Alaska Pollock Vegetables Rice Pilaf Country Blend Vegetables Multigrain Dinner Roll Chick Pea Salad Fresh Melon
30. . Meatball Marinara Sub Sandwich Potatoes Italiano Italian Green Beans Wheat French Roll Whole Orange	31. BBQ Riblet Oven Fries Corn 7black beans salad Wheat sandwich Bun Warm cinnamon Apples			For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, <b>REFRIGERATE IT RIGHT AWAY!</b> Do not leave it sit- ting out. Please be safe. Each