



Monday	Tuesday	Wednesday	Thursday	Friday
<p>4 Pork Roast W/ Cinnamon Apples Au Gratin Potatoes Peas and Carrots Wheat Bread Pumpkin Bar</p>	<p>5 Baked Chicken Stuffing Broccoli Fruit Cocktail Bread</p>	<p>6 Salisbury Steak/Gravy Mashed Potatoes Harvard Beets Multi-Grain Dinner Roll Pineapple Tidbits</p>	<p>7 Chicago Style Hot Dog Wheat Hot Dog Bun Navy Bean Soup Tossed Salad, Boiled Egg Cottage Cheese, Diced Melon Potato Salad Variety Toppings, Milk</p>	<p>1 Swedish Meatballs w/Gravy Mashed Potatoes Broccoli Multi Grain Bread Fresh Melon</p>
<p>11 Roast Turkey & Gravy Baked Sweet Potatoes Mixed Vegetables Bread Stuffing Chef's Fruit</p>	<p>12 Roast Beef Whipped Potatoes Garden Vegetable Medley Three Bean Salad Bread</p>	<p>13 Spaghetti b& Meatball Marinara Mixed Salad Greens W/Chick Peas French Bread Warm Peach Cobbler *Meatsauce</p>	<p>14 Valentine's Day Party Roast Beef Whipped Potatoes/Gravy Garden Vegetables Medley Three Bean Salad Bread and Butter \$4.00</p>	<p>15 Pizza Party Catered from Riccardo's Variety of pizza, salad, fruit, drink, & dessert. \$4.00</p>
<p>18 Hot Roast Beef Mashed Potatoes w/Gravy Northern Blend Medley Wheat Bread Fresh Orange</p>	<p>19 Chili Mac Noodles Green Beans Coleslaw Corn Muffin</p>	<p>20 Turkey Divan Vegetable Rice Pilaf Broccoli Chef's Fruit Biscuit Oatmeal Raisin Cookie</p>	<p>21 Turkey Trio & Cheese Sub Wheat Sandwich Bun Split Pea Soup Tossed Salad, Boiled Egg Cottage Cheese, Banana Pasta Salad Variety Toppings, Milk</p>	<p>22 Chicken Breast Parmesan Penne Pasta Marinara Squash Medley French Bread Chilled Peaches</p>
<p>25 Alden Poplar Creek Oriental Theme Luncheon Egg Drop Soup, Sesame Chicken, Vegetable Fried Rice Fortune Cookie Tapioca Pudding, Hibiscus Tea \$4.00</p>	<p>26 Chicken Enchilada Fiesta Rice Mexican Beans Pineapples</p>	<p>27 Texas Chili Mac & Cheese Country Blend Vegetables Corn Bread Fruit Cocktail</p>	<p>28 Cheeseburger Hamburger Bun Duchess Cheese Soup Tossed Salad, Boiled Eggs Cottage Cheese, Diced Melon Coleslaw</p>	<p>For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY! Do not leave it sitting out. Please be safe. Each meal served with fat free or low fat milk.</p>
<p>Menu subject to change due to availability of items. Funding in part is provided by Age Options.</p>				